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乳 癌 診 療 原 則

乳癌醫療團隊共同擬訂
2015. 09. 25修訂
(2015第2版)

注意事項：這個診療準則主要作為醫師和其他保健專家診療癌症病人參考之用。

假如你是一個癌症病人，直接引用這個診療準則並不恰當，請與你的醫師討論決定對你最恰當的治療。

前言：

『乳癌』是全世界女性最常見的癌症，每年全世界新病人數超過1,000,000人，在台灣近幾年來乳癌已經超越子宮頸癌，成為女性好發癌症的首位，發生高峰約在45-69歲之間，約為每十萬名婦女178-188人。依據衛生福利部死因統計及國民健康署癌症登記資料顯示，女性乳癌標準化發生率及死亡率分別為64.3及11.6（每十萬人口），每年有逾萬位婦女罹患乳癌，近2,000名婦女死於乳癌，相當於每天有28位婦女被診斷罹患乳癌、5位婦女因乳癌而失去寶貴性命。

本院從1990年開院第一年病例僅個位數至2009年每年突破300名新病例，在本院完成治療的病人總數累積已超過3200名。本院乳癌的治療較過去20年有長足的進步，進步的原因包括各種最新乳癌影像學早期偵測、詳細標準化的病理檢驗、精細的乳癌切除和重建手術、先進放射線治療的搭配，以及引進國外各種抗癌化學和標靶藥物的搭配應用。尤其追求本院乳癌治療水準齊一也是重要因素，乳癌治療經多專科團隊共同合作，制訂各項標準治療指引並進行持續品質指標嚴格稽核。

※ 2015年9月第二版修正說明：

- 一、依據2015/8/28團隊會議內容刪除化學處方：(1)Taxol 80 mg/m²+Gemcitabine 800mg/m² Q3WKLY or Q4WKLY(2) Docetaxel 75mg/m²+Gemcitabine 1000mg/m² Q3WKLY(3) Docetaxel 75mg/m²+Herceptin 6~8 mg/kg Q3WKLY；依據2015/9/11團隊會議內容新增MBC化學治療處方：Carboplatin AUC 4~6+ 5-FU 1000mg/m² Q3WKLY。
- 二、104年8月份院務會議紀錄，各團隊於癌症診療指引中加入癌症藥物停藥準則之說明，以供團隊醫師遵循。

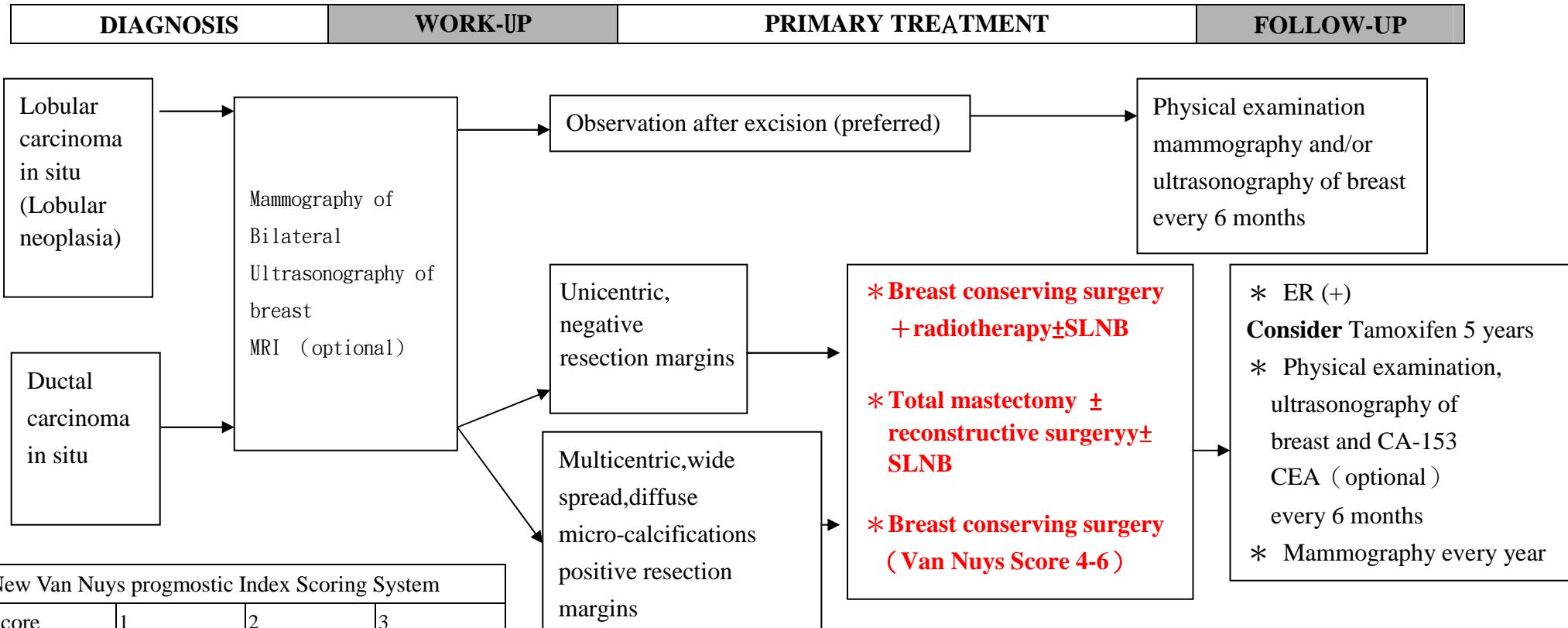
【癌症藥物停藥準則】

【針對Salvage治療停藥準則】

- (1) 於化學藥物使用後3個月做image評估成效，若無效果則應該停藥或改其他治療。
- (2) 化學藥物治療過程中如副作用大或病人反應已經無法忍受則停藥。

Breast Cancer

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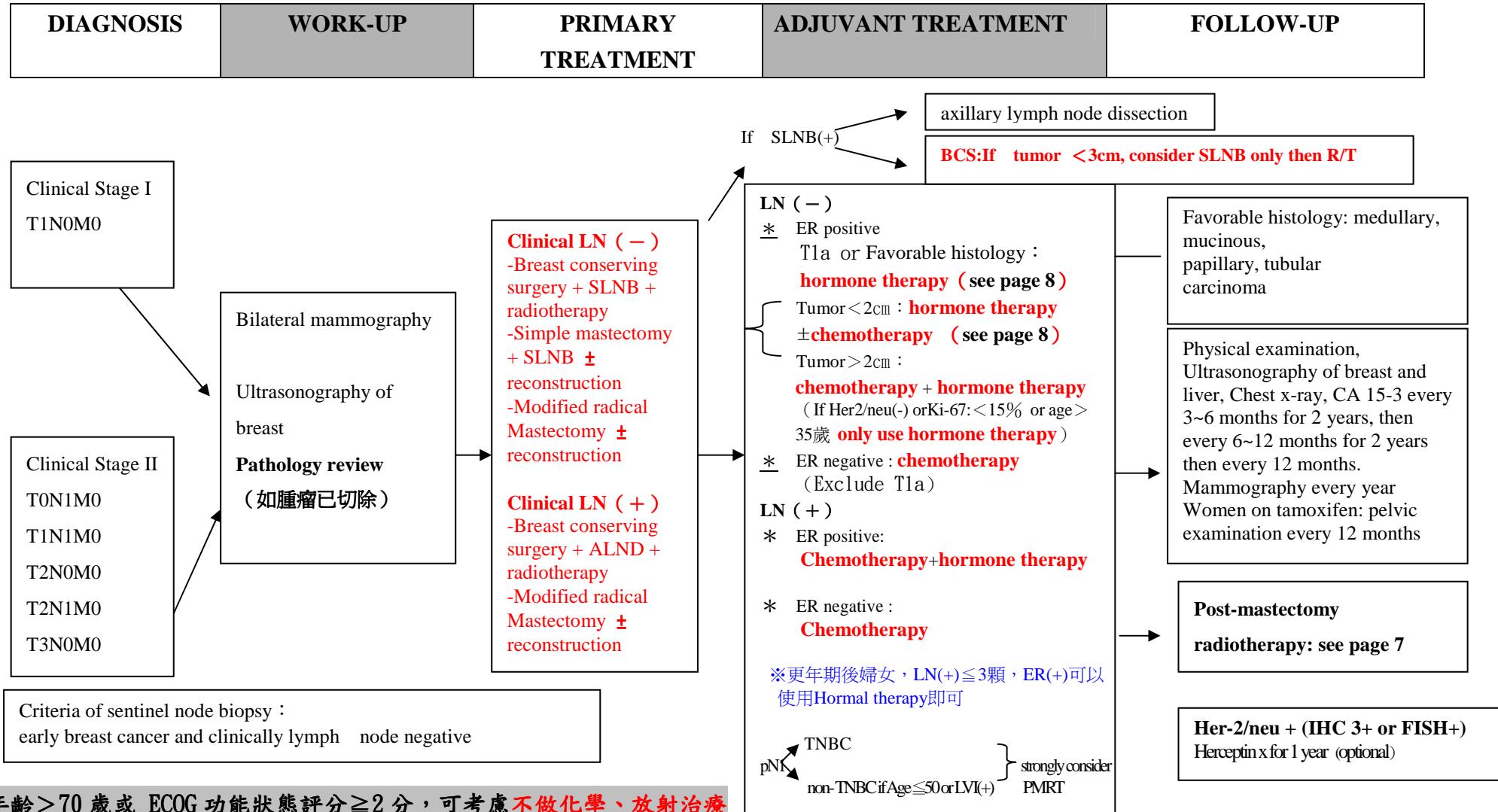


New Van Nuys prognostic Index Scoring System

Score	1	2	3
Size	$\leq 15\text{mm}$	16-40mm	$\geq 40\text{mm}$
Margin width	$\geq 10\text{mm}$	1-9mm	<1mm
Pathologic classification	Non-high-Grade w/o necrosis	Non-high-Grade with necrosis	High-grade With or w/o necrosis
Age	>60	40-60	<40

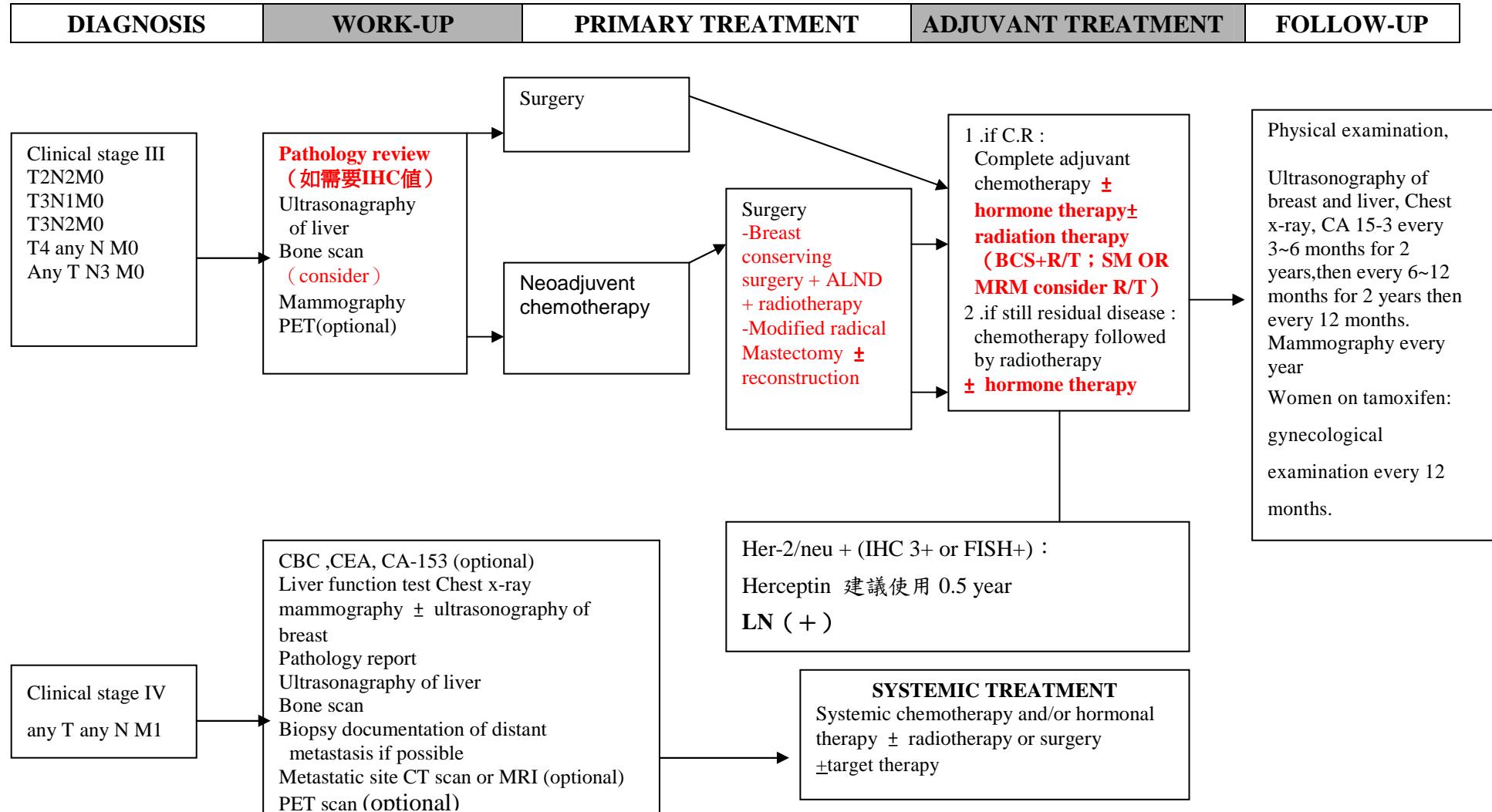
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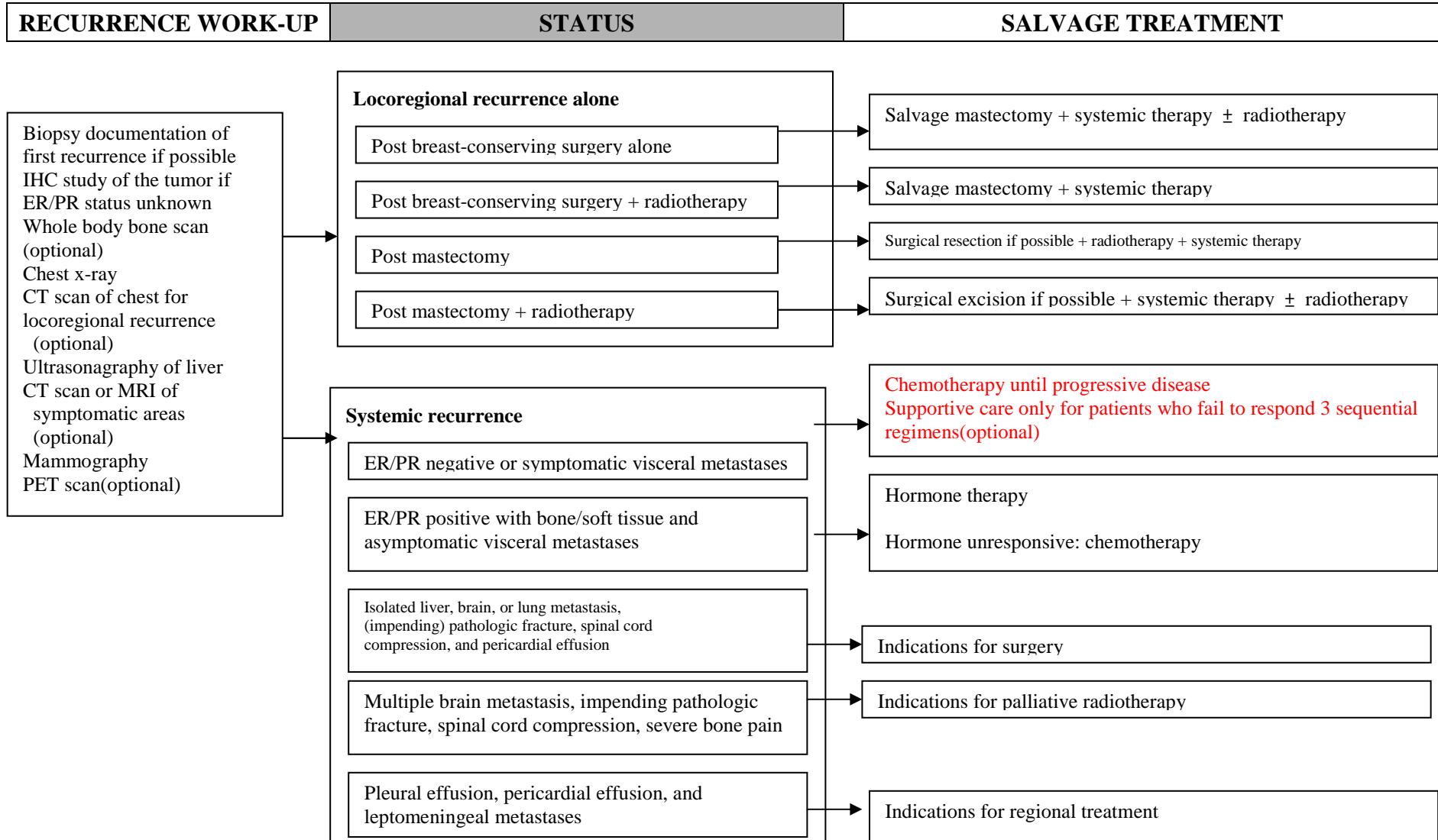
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年齡>70 歲或 ECOG 功能狀態評分≥2 分，可考慮不做化學、放射治療

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INDICATIONS FOR POST-MASTECTOMY RADIOTHERAPY

- 1. skin involvement(skin nodule, ulceration, dorms lymphatic involvement)
- 2. Chest wall involvement
- 3. positive axillary lymph nodes ≥4, lymph nodes positive 1-3 (Strongly consider)
- 4. positive or close surgical margin
- 5. tumor ≥5cm , lymph nodes negative (optional) , lymph nodes positive recommendation
- 6. gross multicentric disease(tumor in more than one quadrant and serpent at least 4cm by clinical or pathology)
- 7. for breast conservative treatment (if DCIS Van Nuys Score ≥7)

BASIC REQUIREMENTS OF RADIOTHERAPY

- Radiation fields should include ipsilateral chest wall, internal mammary chain and supraclavicular fossa
- Excluding heart from radiation fields
- Central lung distance of the tangential fields < 3 cm
- No axillary irradiation if axillary clearance is adequate

BASIC REQUIREMENTS OF PATHOLOGY EXAMINATION

Excision biopsy with no prior suspicion for malignancy

- Exact tumor size and type of tumor
- Tumor histological and/or nuclear grade
- Margin status (exact distance in mm)
- Status of lymphovascular permeation
- ER and PR study

Ductal carcinoma in situ with wide excision only

- Nuclear grade
- Status of tumor necrosis
- Tumor size
- Margin status (exact distance in mm)
- ER/PR study

Invasive carcinoma with wide excision and axillary lymph node dissection or modified radical mastectomy

- Exact tumor size and type of tumor
- Tumor histological grade
- Margin status (exact distance in mm)
- Status of multifocality and multicentricity
- Presence of DCIS and status of extensive intraductal component
- Status of peritumoral LVI
- Number of involved and total axillary lymph nodes with extranodal extension, total number of axillary nodes examined should not be less than 10.
- If any involvement of skin
- ER and PR study Her-2/neu
- Ki67

癌別：乳癌 2015 年

Adjuvant / Neoadjuvant	最近改版	2015/9/25		
	處方內容			
Chemotherapy formula	Carboplatin AUC x5mg+ Docetaxel 75mg/m ²	schedule Q3WKLY	Reference (No) /strength of evidence No 17 / Level I	
	Carboplatin AUC 4~6+ 5-FU 1000mg/m ²	Q3WKLY(新增)2015/9/11	No 17 / Level I	
	Cisplatin 50mg/m ²	Q3WKLY	No 17 / Level I	
	Cisplatin 50mg/m ² + 5-FU 500mg/m ²	Q3WKLY	No 17 / Level I	
	Gemcitabine 1250mg/m ²	Q3WKLY	No 17 / Level I	
	Lipo-Dox 50mg/m ²	Q3WKLY	No 17 / Level I	
	Mitoxantrone 12mg/m ²	Q3WKLY	No 17 / Level I	
	Taxol 80 mg/m ² +Gemcitabine 800mg/m ²	QWKLY or Q3WKLY or Q4WKLY (刪)	No 17 / Level I	
	Taxol 80 mg/m ² +Cisplatin 50mg/m ²	Q3WKLY	No 17 / Level I	
	Taxol 80 mg/m ²	QWKLY	No 17 / Level I	
	Taxol 175 mg/m ²	Q3WKLY	No 17 / Level I	
	Docetaxel 60mg/m ² +Cisplatin 50mg/m ²	Q3WKLY	No 17 / Level I	
	Docetaxel 75mg/m ² +Gemcitabine 1000mg/m ²	Q3WKLY (刪) 2015/8/28	No 17 / Level I	
	Docetaxel 75mg/m ²	Q3WKLY	No 17 / Level I	
	Vinorelbine 25~30mg/m ²	D1 or D8	No 17 / Level I	
	Docetaxel 75mg/m ² x1+Xeloda 2.5tab x14 day	Q3WKLY+14 day	No 17 / Level I	
	Afinitor 5mg	2tab QD × 14 day	No 17 / Level I	
	Xeloda 500mg	2tab Bid × 14 day	No 17 / Level I	
	Cyclophosphamide	2tab QD × 14 day	No 17 / Level I	
	Methotrexate	2tab (BIW) x14 day	No 17 / Level I	
	Ufur	3cap (Bid) x14 day	No 17 / Level I	
	Vinorelbine 30mg + Vinorelbine 20mg	2 cap1 + 1cap (QW) x 14 day	No 17 / Level I	
	Bleomycin 50mg	once	No 17 / Level I	
	FEC(5-FU500mg/m ² , Epirubicin75mg/m ² , cyclophosphamide 500mg/m ²)	2~6 cycles	No 2 / Level I	

		FLC (5-FU 500mg/m ² , Lipo-Dox 35mg/m ² , cyclophosphamide 500mg/m ²)	2-6 cycles	No 16 / Level I
		FEC or FLC + Taxol(taxol 175 mg/m ²) (Q3W) (taxol 80 mg/m) (QW)	2-4 cycles (Q3W) or 2-12 cycles (QW)	No 7 / Level I
		FEC or FLC+Taxotere (taxotere 75 mg/m ²)	2-4 cycles (Q3W)	No 9 / Level I
		CMF (Cyclophosphamide 2tab/m ² +Methotrexate 40mg/m ² + Fluorouracil 500~600mg/m ²)	6-12 cycles	No 2 / Level I
		EC or LC (Epirubicin 75mg/m ² or Lipo-Dox 35mg/m ² + cyclophosphamide 500mg/m ²)	6 cycles	No 16 / Level I
		TEC (Docetaxel 75mg/m ² + Epirubicin 75mg/m ² + cyclophosphamide 500mg/m ²)	6 cycles	No 3 / Level I
		Mitoxantrone 10mg/m ² +Leucovorine 170mg/m ² +5-FU 600mg/m ² +Cisplatin 60 mg/m ²	Q3WKLY	No 17 / Level I
		IAIC for Epicin 60mg	once	No 17 / Level I
Hormone therapy	最近改版	2015/9/25		
	處方內容	Faslodex 250mg	Q28D	No 17 / Level I
		Goserelin 3. 6mg	Q28D	No 17 / Level I
		Leuprorelin 3. 75mg	Q28D	No 17 / Level I
		Anastrozole 1mg	1tab (QD) x14 day	No 17 / Level I
		Exemestane 25mg	1tab (QD) x14 day	No 17 / Level I
		Letrozole 2. 5 mg	1tab (QD) x14 day	No 17 / Level I
		Tamoxifen 10mg	1tab (BID) x28 day	No 17 / Level I
		Toremifene	1tab (QD) x28 day	No 17 / Level I
Target therapy	最近改版	2015/9/25		
	處方內容	Docetaxel 75mg/m ² +Herceptin 6~8 mg/kg	Q3WKLY (刪)	No 17 / Level I
		Perjeta 420~840mg +Herceptin 6~8 mg/kg + Docetaxel 75mg/m ²	Q3WKLY	No 17 / Level I
		Kadcyla 3. 6 mg/kg	Q3WKLY	No 17 / Level I
		Tykerb 250mg + Xeloda 500mg	5 tab (QD) +2tab (Bid) x14 day	No 17 / Level I
		Tykerb 250mg	5 tab (QD) x14 day	No 17 / Level I
		Herceptin 2~8 mg/kg	QWKLY or Q3WKLY	No 17 / Level I

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The National Comprehensive Cancer Network (NCCN)
NCCN Patient Safety Summit
JNCCN - The Journal of the National Comprehensive Cancer Network
NCCN Drugs & Biologics Compendium (NCCN Compendium™)
NCCN Oncology Research Program (ORP)
NCCN Annual Conference: Clinical Practice Guidelines & Quality Cancer Care™
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