

高雄榮民總醫院 子宮內膜癌診療指引

2018年01月18日第一版

婦癌醫療團隊擬訂

注意事項：這個診療原則主要作為醫師和其他保健專家診療癌症病人參考之用。假如你是一個癌症病人，直接引用這個診療原則並不恰當，只有你的醫師才能決定給你最恰當的治療。

修訂指引

- 本共識依下列參考資料修改版本
 - NCCN Clinical Practical Guidelines in Oncology™ Uterine Cancer (Version 1.2018)
 - 婦癌研究委員會(2011)，子宮內膜癌臨床指引：國家衛生研究院

會議討論

上次會議：2016/12/06

本共識與上一版的差異

上一版	新版
<ol style="list-style-type: none">1. 無AJCC 8 th分期。2. 流程圖一:無Undifferentiated carcinoma的治療。(p. 8, 15)3. 流程圖二及三:術前評估中的檢查項目，未有標註與期別相關之主要檢查。(p. 9, 10)4. 流程圖四及八:完整手術分期後之輔助治療及漿液(serous)細胞，亮細胞(clear cell)，腺肉瘤(carcinosarcoma)，FIGO stage IA分(endometrial only)及肌肉層侵犯 (<50%)治療方式，輔助治療。(p. 11, 15)5. 流程圖九: 不完全分期手術(或意外發現)在FIGO Stage IA，G1-2, No Myometrium Invasion治療流程，治療流程僅觀察選項。(p. 16)6. 化療處方無區分轉移癌。	<ol style="list-style-type: none">1. <u>刪除AJCC 7 th分期，新增AJCC 8 th分期。</u> (p. 4-7)2. <u>流程圖一:新增 Undifferentiated carcinoma 的治療。</u> (p. 8, 15)3. <u>流程圖二及三:在術前評估中的檢查項目，加註與期別相關之主要檢查。</u> (p. 9, 10)4. <u>流程圖四及八:刪除完整手術分期後之輔助治療及漿液(serous)細胞，亮細胞(clear cell)，腺肉瘤(carcinosarcoma)，Undifferentiated carcinoma，FIGO stage IA (endometrial only)治療方式，輔助治療。</u> (p. 11, 15)5. <u>流程圖九: 不完全分期手術(或意外發現)在FIGO Stage IA，G1-2, No Myometrium Invasion治療流程，除觀察選項，再加入或陰道近接治療+/-骨盆腔放射治療。</u> (p. 16)6. <u>區分轉移癌化療處方。</u> (p. 19)

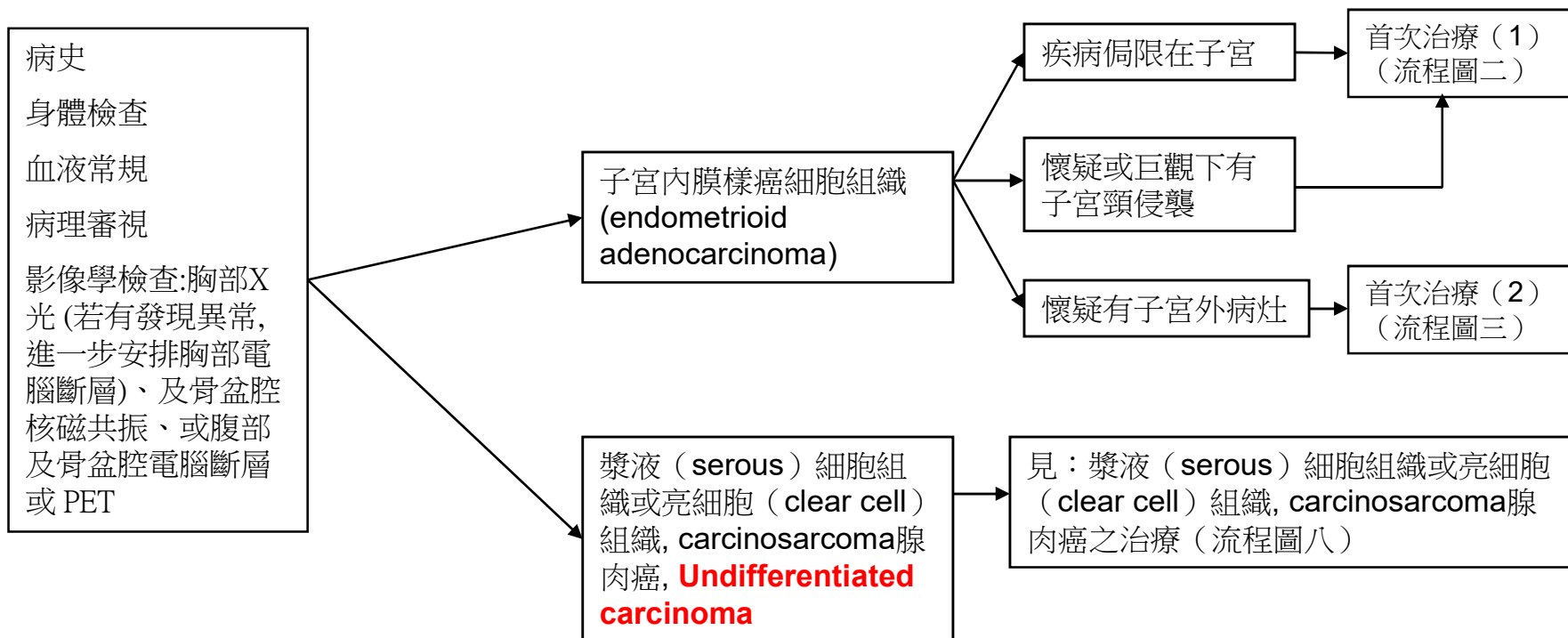
高雄榮總婦產部 子宮內膜癌臨床治療指引 2010 New FIGO and TNM staging (AJCC 8th)

Primary Tumor (T)		
T	FIGO	T Criteria
TX		Primary tumor cannot be assessed
T0		No evidence of primary tumor
T1	I	Tumor confined to the corpus uteri, including endocervical glandular involvement
T1a	IA	Tumor limited to the endometrium or invading less than half the myometrium
T1b	IB	Tumor invading one half or more of the myometrium
T2	II	Tumor invading the stromal connective tissue of the cervix but not extending beyond the uterus. Does NOT include endocervical glandular involvement.
T3	III	Tumor involving serosa, adnexa, vagina, or parametrium
T3a	IIIA	Tumor involving the serosa and/or adnexa (direct extension or metastasis)
T3b	IIIB	Vaginal involvement (direct extension or metastasis) or parametrial involvement
T4	IVA	Tumor invading the bladder mucosa and/or bowel mucosa (bullous edema is not sufficient to classify a tumor as T4)

Regional Lymph Node (N)		
N	FIGO	N Criteria
NX		Regional lymph nodes cannot be assessed
N0		No regional lymph node metastasis
N0 (i+)		Isolated tumor cells in regional lymph node(s) no greater than 0.2 mm
N1	IIIC1	Regional lymph nodes metastasis to pelvic lymph nodes
N1mi	IIIC1	Regional lymph node metastasis (greater than 0.2 mm but not greater than 2.0 mm in diameter) to pelvic lymph nodes
N1a	IIIC1	Regional lymph node metastasis (greater than 2.0 mm in diameter) to pelvic lymph nodes
N2	IIIC2	Regional lymph node metastasis to para-aortic lymph nodes, with or without positive pelvic lymph nodes
N2mi	IIIC2	Regional lymph node metastasis (greater than 0.2 mm but not greater than 2.0 mm in diameter) to para-aortic lymph nodes, with or without positive pelvic lymph nodes
N2a	IIIC2	Regional lymph node metastasis (greater than 2.0 mm in diameter) to para-aortic lymph nodes, with or without positive pelvic lymph nodes

Distant Metastasis (M)		
M	FIGO	M Criteria
M0		No distant metastasis
M1	IVB	Distant metastasis (includes metastasis to inguinal lymph nodes, intraperitoneal disease, lung, liver, or bone). (It excludes metastasis to pelvic or para-aortic lymph nodes, vagina, uterine serosa, or adnexa).

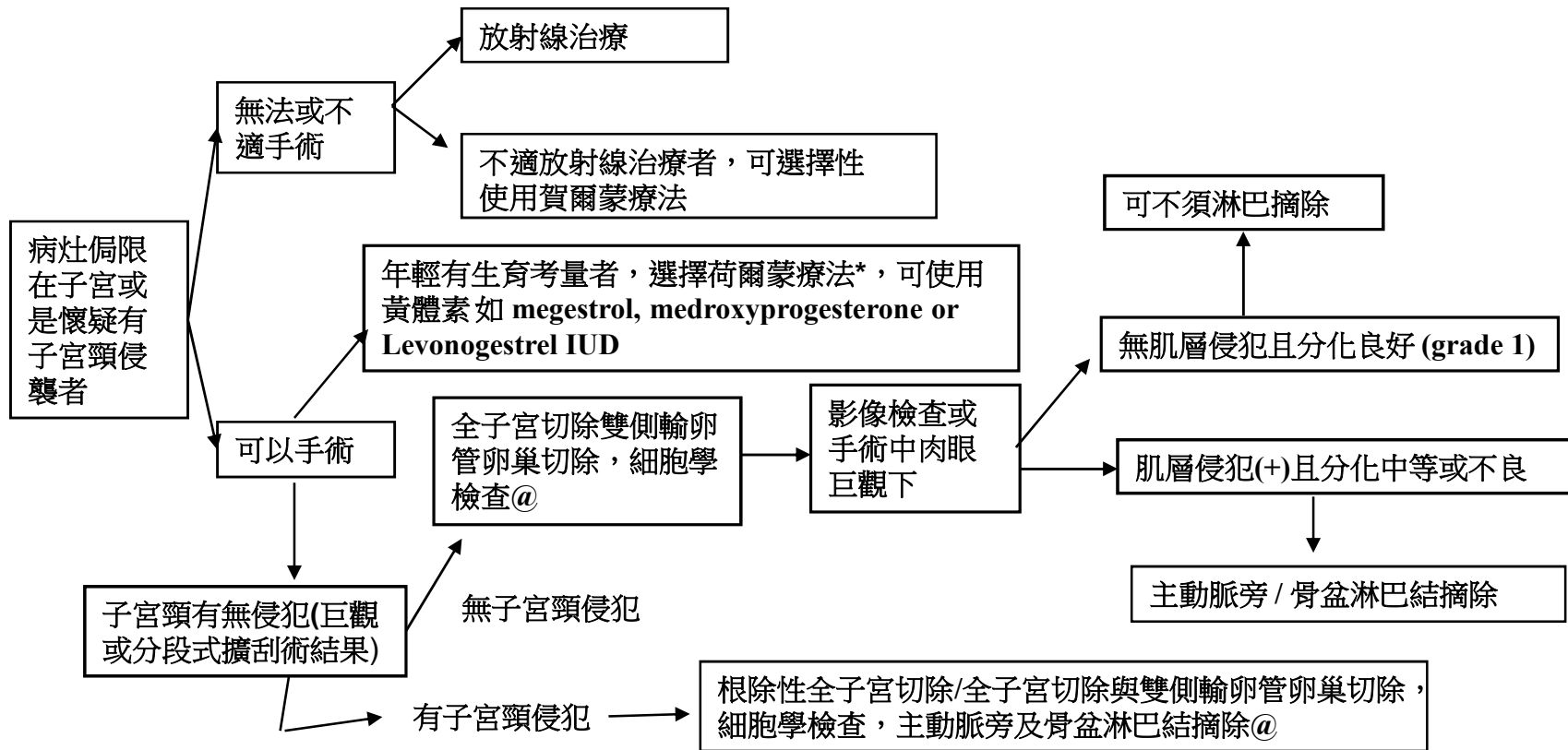
STAGE GROUPS			
T	N	M	stage
T1	N0	M0	I
T1a	N0	M0	IA
T1b	N0	M0	IB
T2	N0	M0	II
T3	N0	M0	III
T3a	N0	M0	IIIA
T3b	N0	M0	IIIB
T1-T3	N1/N1mi/N1a	M0	IIIC1
T1-T3	N2/N2mi/N2a	M0	IIIC2
T4	Any N	M0	IVA
Any T	Any N	M1	IVB



流程圖一

首次治療(1)

術前評估：病史 身體檢查 血液檢查 子宮頸內頸暨子宮內膜切片 (分段式擴刮術) 子宮頸細胞學檢查 胸部X光,核磁共振*或電腦斷層*, 腫瘤指標(CEA,CA-125,CA-199) *與期別相關之主要檢查



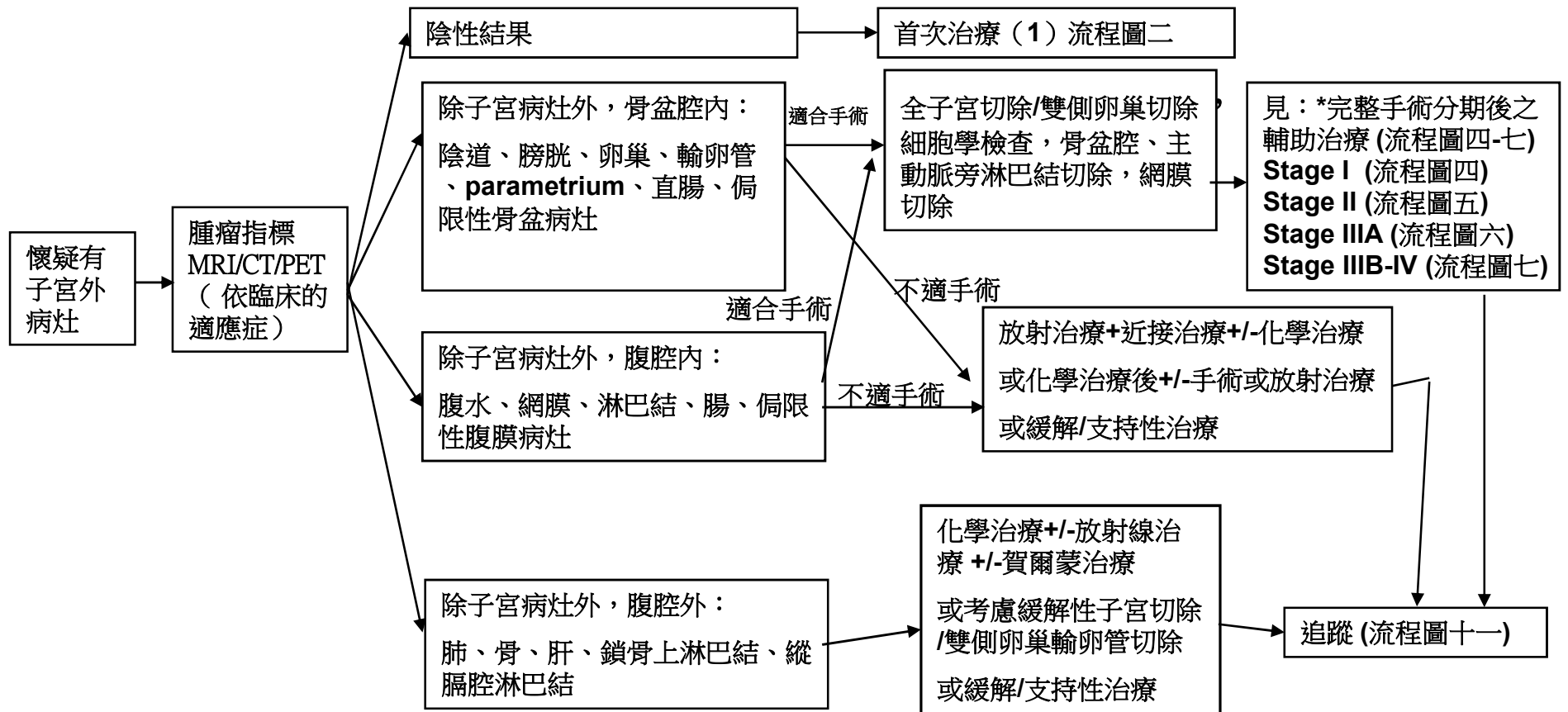
@: 卵巢是否全切抑或保留由臨床醫師視病情與年齡及病人意願決定, <45 y/o, 子宮肌肉層侵犯<50% 且為**grade I**, 可考慮保留卵巢, 可考慮切除輸卵管。

* 影像檢查僅內膜病灶且細胞分化程度為**Grade 1**者

流程圖二

首次治療 (2)

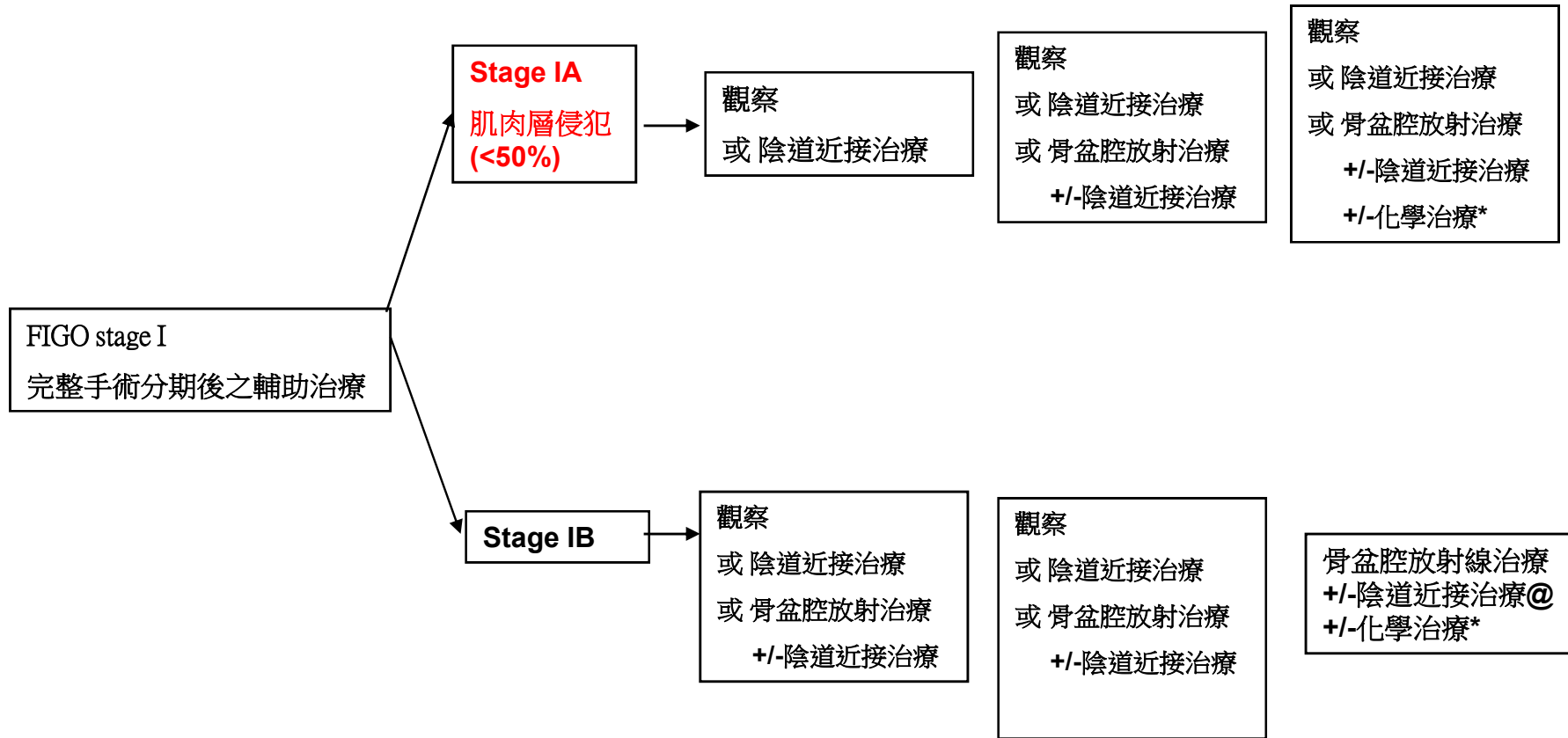
術前評估：病史 身體檢查 血液檢查 子宮頸內頸暨子宮內膜切片 子宮頸細胞學檢查 胸部X光, 核磁共振*或電腦斷層*或正子掃描*, 腫瘤指標(CEA, CA-125, CA-199) *與期別相關之主要檢查



*完整手術定義：全子宮切除（或子宮根除術，或骨盆腔臟器切除手術）±兩側卵巢輸卵管切除併後腹腔淋巴節摘除（骨盆及主動脈旁）及腹腔內沖洗液細胞學檢查 ±網膜切除

流程圖三

G1 (分化良好) G2 (分化中等) G3 (分化不良)

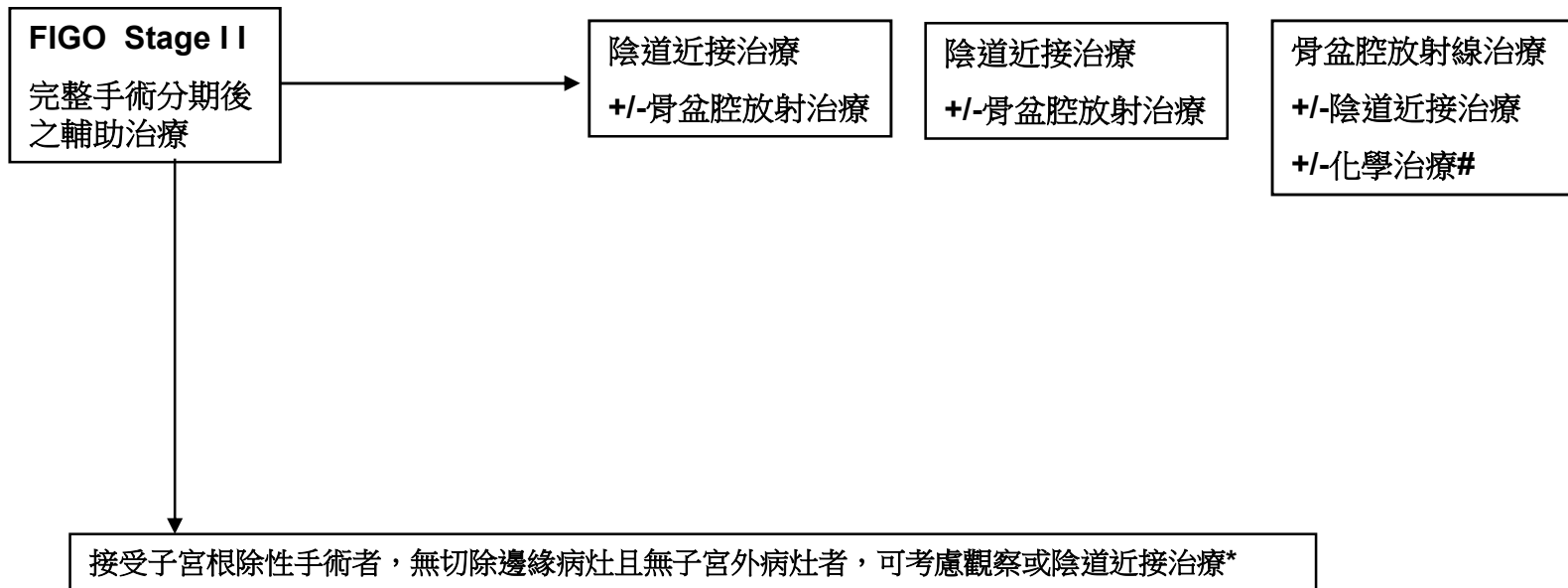


@骨盆腔放射治療 +/- 陰道近接治療 +/-化學治療：可考慮用於下列復發風險高之情況，其危險因子包括：年齡60歲以上、淋巴血管腔侵襲、較大腫瘤（2公分以上）、子宮下段侵襲。

*：仍未定論：若年輕女性考慮生活品質想避免因放射治療引起的性功能障礙可考慮使用化學治療

流程圖四

G1 (分化良好) G2 (分化中等) G3 (分化不良)



*：觀察或陰道近接治療-可選擇在根除性子宮除後邊緣無病灶，且無子宮外病灶

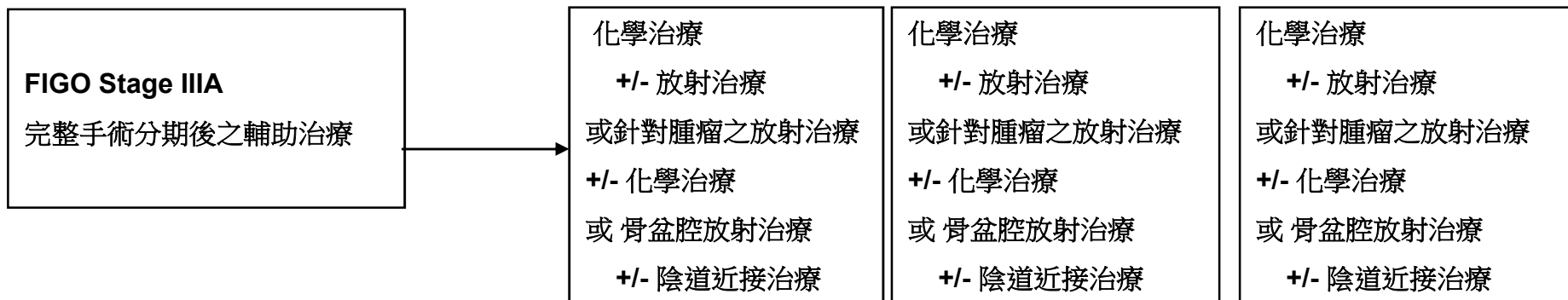
#：尚未定論：若年輕女性考慮生活品質想避免因放射治療引起的性功能障礙可考慮使用化學治療

流程圖五

G1(分化良好)

G2(分化中等)

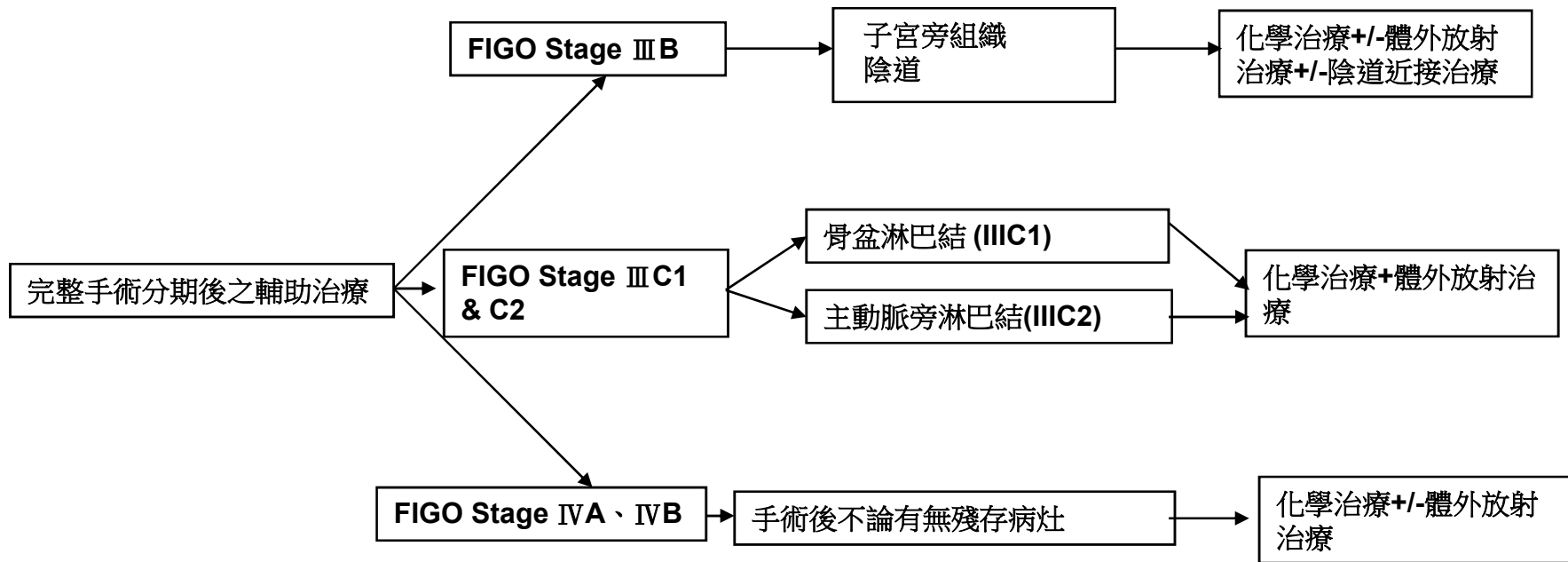
G3(分化不良)



流程圖六

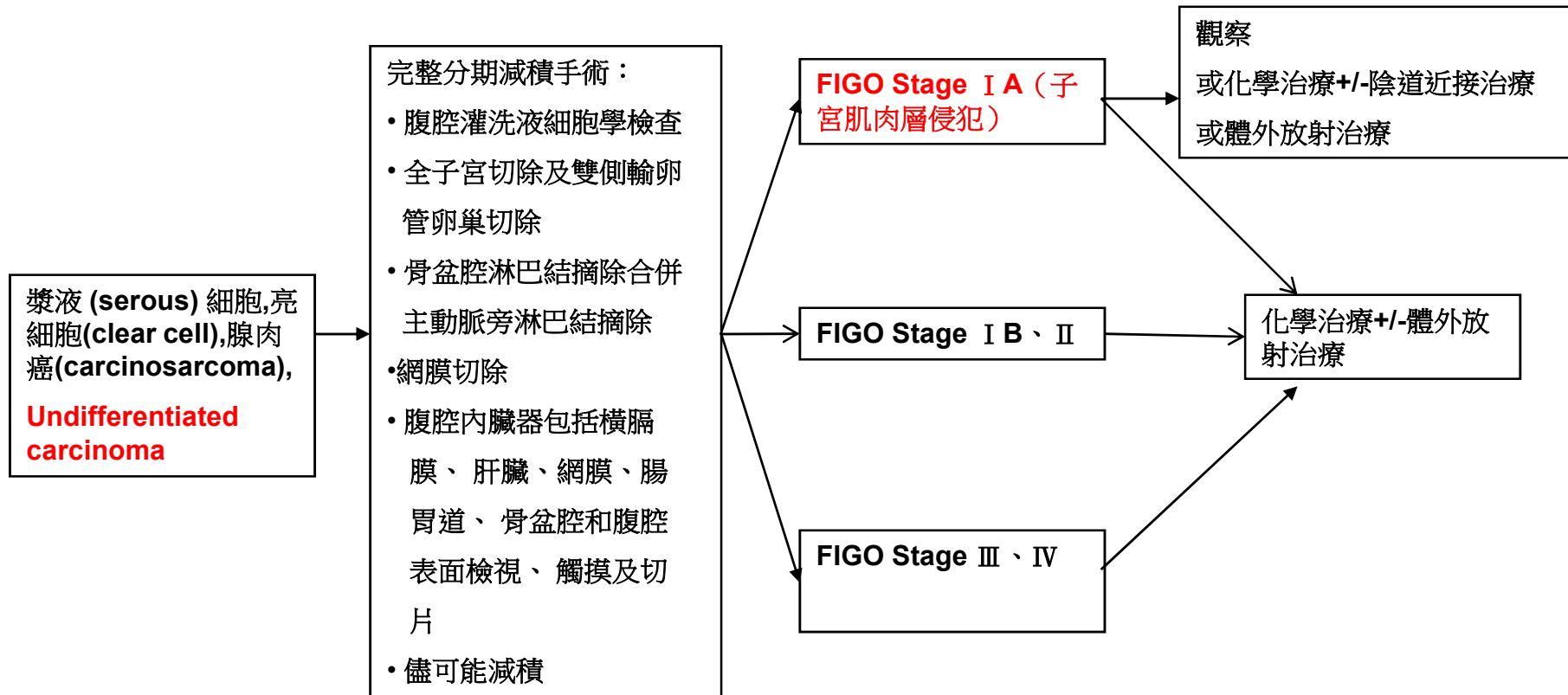
任何分化程度

輔助治療



若有嚴重內科合併症或不適合上述治療者，可以使用荷爾蒙治療

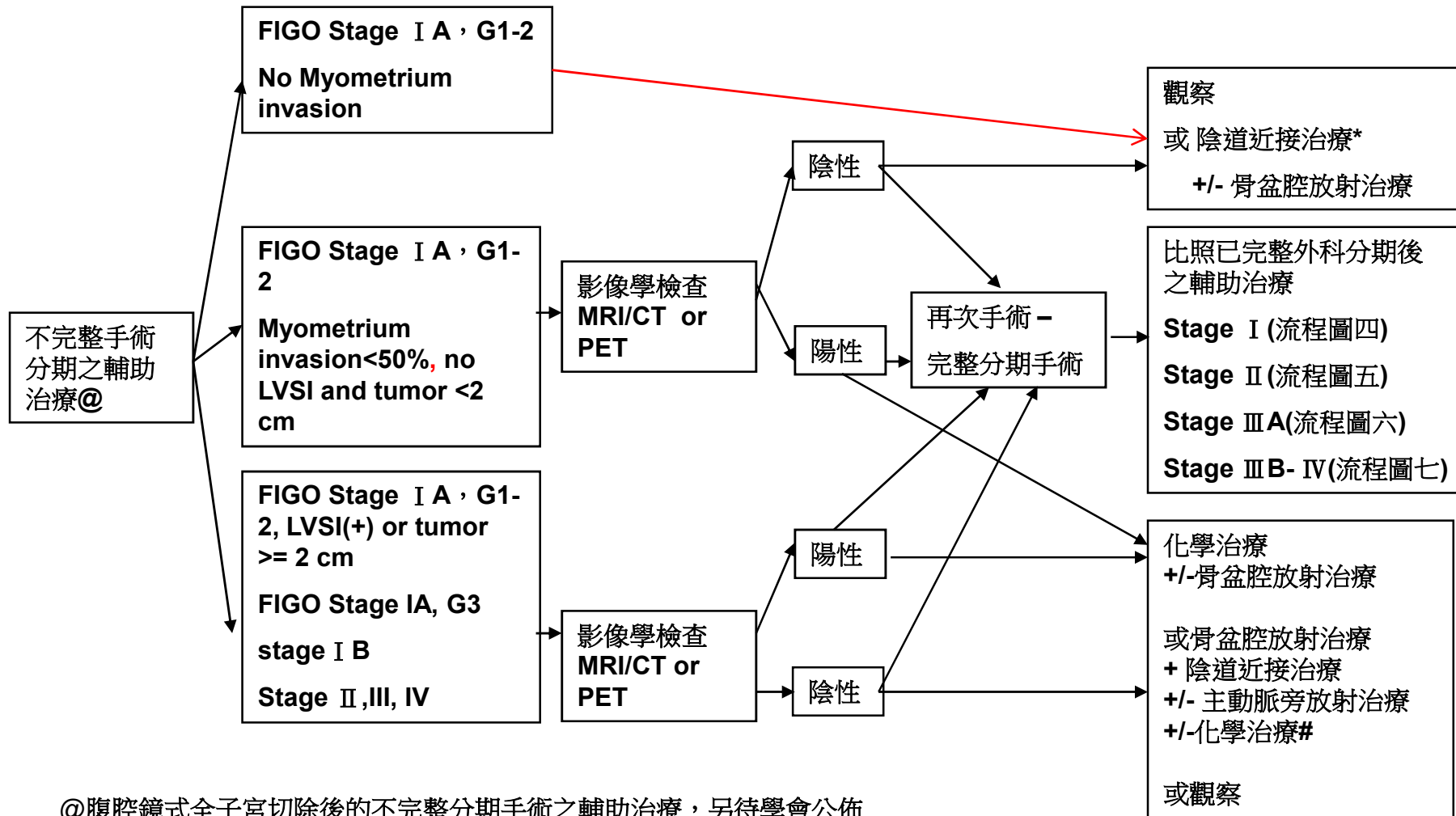
流程圖七



*：仍未定論

流程圖八

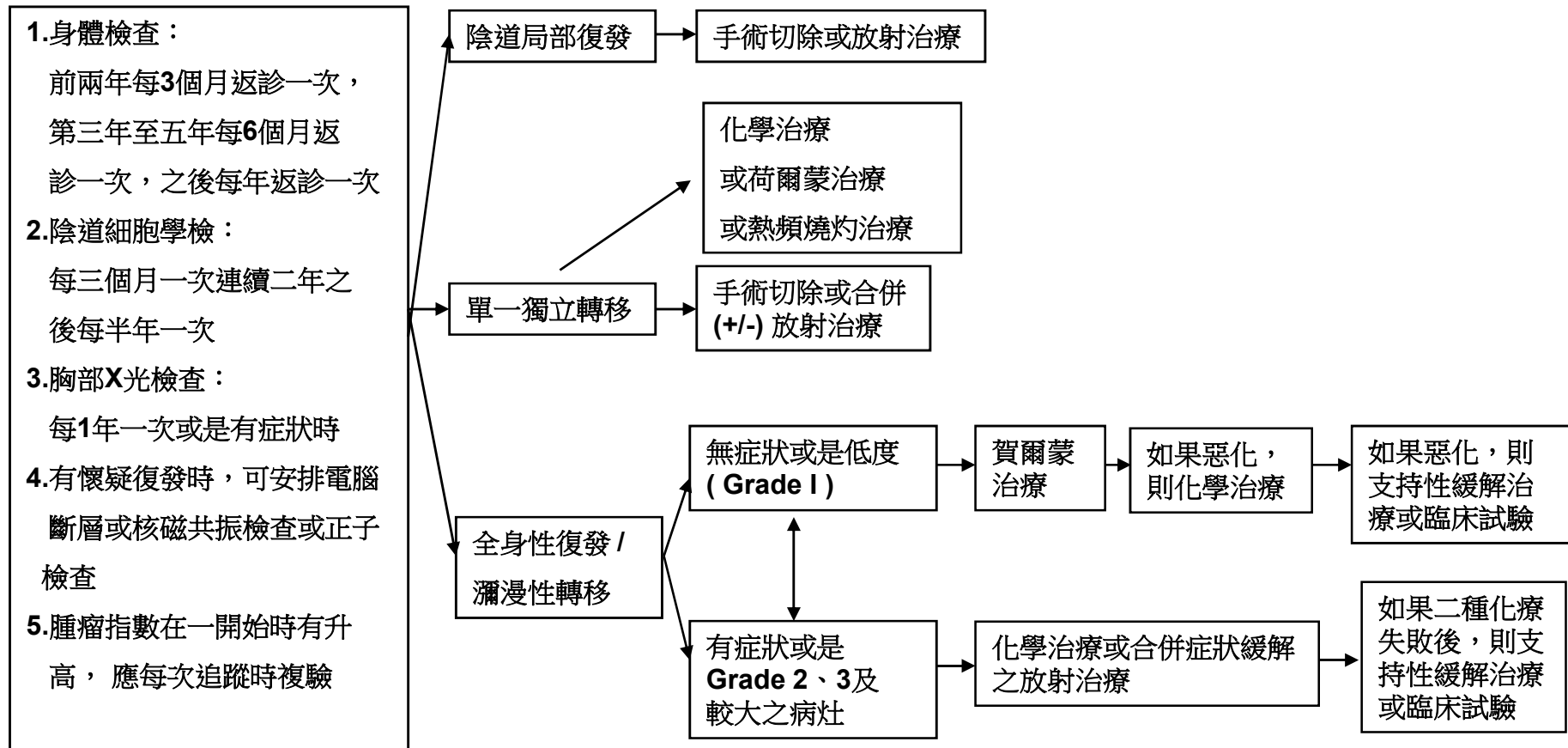
不完全分期手術 (或意外發現) 僅子宮切除 或 +/- 雙側 / 單側輸卵管卵巢切除



@腹腔鏡式全子宮切除後的不完整分期手術之輔助治療，另待學會公佈

#：尚未定論

*：腫瘤大小，年紀，腫瘤在下段



流程圖十

化療使用原則可使用以下配方

1. PEI- Ccr<60ml/min : (8)

Epirubicine(50mg/m²)+Carboplatin(AUC=5)+Ifosfamide+mesna(4gm/m²)

2. PEI-Ccr>60ml/min :

Epirubicine(50mg/m²)+Cisplatin(50mg/m²)+Ifosfamide+mesna(4gm/m²)

3. Taxol (payself)(175mg/m²)+Carboplatin(AUC=5)-Ccr.< 60ml/min (23)

4. Taxol (payself)(175mg/m²)+Cisplatin(50mg/m²)-Ccr.> 60ml/min

5. Topotecan(0.75mg/m²) +Carboplatin(AUC=5)-Ccr.< 60ml/min (30,31)

6. Tpotecan(0.75mg/m²) +Cisplatin(50mg/m²)-Ccr.> 60ml/min

7. PLD (payself) (30 mg/m²)+ Cisplatin(50mg/m²)-Ccr.> 60ml/min(32,33)

8. PLD (payself) (30 mg/m²)+ Carboplatin(AUC=5)-Ccr.< 60ml/min (32,33)

9. PLD (payself) (40 mg/m²) (32,33)

10. Avastin (payself)(5~15mg/kg) (29)

化療使用原則可使用以下配方(轉移)

1. PEI- Ccr<60ml/min : (8)

Epirubicine(50mg/m²)+Carboplatin(AUC=5)+Ifosfamide+mesna(4gm/m²)

2. PEI-Ccr>60ml/min :

Epirubicine(50mg/m²)+Cisplatin(50mg/m²)+Ifosfamide+mesna(4gm/m²)

3. Taxol (payself)(175mg/m²)+Carboplatin(AUC=5)-Ccr.< 60ml/min (23)

4. Taxol (payself)(175mg/m²)+Cisplatin(50mg/m²)-Ccr.> 60ml/min

5. Topotecan(0.75mg/m²) +Carboplatin(AUC=5)-Ccr.< 60ml/min (30,31)

6. Tpotecan(0.75mg/m²) +Cisplatin(50mg/m²)-Ccr.> 60ml/min

7. PLD (payself) (30 mg/m²)+ Cisplatin(50mg/m²)-Ccr.> 60ml/min(32,33)

8. PLD (payself) (30 mg/m²)+ Carboplatin(AUC=5)-Ccr.< 60ml/min (32,33)

9. PLD (payself) (40 mg/m²) (32,33)

10. Avastin (payself)(5~15mg/kg) (29)

賀爾蒙治療使用原則可使用以下配方

Letrozole 2.5mg 1# qd (28)

Tamoxifen 10mg 1# bid (26)

Medroxyprogesterone acetate (Farlutal) 500mg 1# qd (27)

Megestrol 160 mg/qd

Levonorgestrel IUD (For fertility sparing)

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