

# 高雄榮民總醫院

## 淋巴瘤診療原則

### 淋巴瘤醫療團隊

2015年09月29日修訂

#### 注意事項：

這個診療準則主要作為醫師和其他保健專家診療癌症病人參考之用。

假如你是一個癌症病人，直接引用這個診療準則並不恰當，只有你的醫師才能決定給你最恰當的治療。

# PROTOCOLS FOR TREATMENT OF MALIGNANT LYMPHOMA

Version 2.0 2015

此版新增抗癌藥物停藥準則：

1. Progression disease
2. Drug intolerance

# MALIGNANT LYMPHOMA

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## General Guide

Diagnosis	Staging Work-up
<ol style="list-style-type: none"><li>1. Adequate sampling and proper handling of the tissue</li><li>2. Effective communication between the clinician and the pathologist</li><li>3. Surgical biopsy of the largest lymph nodes or mass lesion*</li><li>4. Needle biopsy in certain conditions</li><li>5. Flow cytometry or cytogenetic studies: optional * Lymph node</li></ol>	<ol style="list-style-type: none"><li>1. Complete history and physical examination including Waldeyer's rings, B symptoms, risk of HIV infection, infection, autoimmune diseases, immunosuppressive therapies</li><li>2. Complete blood cell count with a differential, erythrocyte sedimentation rate (ESR)</li><li>3. Chemistry profiles: LDH, AST, ALT, Alk-p, bilirubin, uric acid, Cr, Ca, albumin, total protein, sugar</li><li>4. EKG, CXR-PA, whole body CT, HBsAg, and anti-HCV</li><li>5. Other evaluation: beta2-microglobulin, Urinalysis and stool analysis, cytologic study of third space fluids</li><li>6. Bone marrow aspiration and biopsy</li><li>7. Lumbar puncture with cytology in selected patients<ol style="list-style-type: none"><li>a. All patients with Burkitt lymphoma</li><li>b. Patients with NHL in certain sites e.g. CNS, epidural space, testes, ethmoid sinus, and large cell lymphoma with bone marrow involvement</li><li>c. HIV positive patients</li></ol></li><li>8. Gastrointestinal studies<ol style="list-style-type: none"><li>a. Esophagogastroduodenoscopy, upper gastrointestinal plus small bowel and lower gastrointestinal series for patients with gastrointestinal tract lymphoma; Endoscopic ultrasonography for gastric MALT lymphoma</li><li>b. Considered in patients with positive stool occult blood</li></ol></li><li>9. Selected radiologic images as clinically needed, e.g. positron emission tomograph, magnetic resonance imaging, and bone scan</li><li>10. Cytogenetic and molecular tests in selected patients (optional); cardiac ejection fraction for age &gt; 60 if anthracycline will be used. Anthracycline is contraindicated if ejection fraction is less than 50%.</li></ol>

# **MALIGNANT LYMPHOMA**

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## **Staging Classification Provided by Ann Arbor**

**Stage I: involvement of a single lymph node region or a single extra-lymphatic organ or site**

**Stage II: involvement of 2 or more lymph node regions on the same side of the diaphragm**

**Stage III: involvement of lymph node regions on both sides of the diaphragm**

**Stage IV: involvement of liver or bone marrow or an extra-lymphatic organ**

# MALIGNANT LYMPHOMA

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## NON-HODGKINS'S LYMPHOMA

<b>Low grade Lymphoma</b>	<b>Intermediate grade lymphoma</b>	<b>High grade lymphoma</b>
<b>Small lymphocytic lymphoma</b>  <b>Follicular lymphoma, grade 1</b>  <b>Follicular lymphoma, grade 2</b>	<b>Follicular lymphoma, grade 3</b>  <b>Diffuse small cleaved cell lymphoma</b>  <b>Diffuse mixed small and large cell lymphoma</b>  <b>Diffuse large cell lymphoma</b>	<b>Immunoblastic; diffuse</b>  <b>Lymphoblastic lymphoma</b>  <b>Small, non-cleaved cell</b>

# MALIGNANT LYMPHOMA

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Staging of gastric MALT LYMPHOMA : comparison of different systems

Lugano Staging System for gastrointestinal lymphomas		Ann Arbor Stage	TNM Staging System adapted for gastric lymphoma	Tumor extension
Stage I <sub>E</sub>	Confined to GI tract <sup>a</sup>			
	I <sub>E1</sub> = mucosa, submucosa	I <sub>E</sub>	T1 N0 M0	Mucosa, submucosa
	I <sub>E2</sub> = muscularis propria, serosa	I <sub>E</sub>	T2 N0 M0	Muscularis propria
I <sub>E</sub>		T3 N0 M0	Serosa	
Stage II <sub>E</sub>	Extending into abdomen			
	II <sub>E1</sub> = local nodal involvement	II <sub>E</sub>	T1-3 N1 M0	Perigastric lymph nodes
	II <sub>E2</sub> = distant nodal involvement	II <sub>E</sub>	T1-3 N2 M0	More distant regional lymph nodes
Stage II <sub>E</sub>	Penetration of serosa to involve adjacent organs or tissues	II <sub>E</sub>	T4 N0 M0	Invasion of adjacent structures
Stage III-IV <sup>b</sup>	Disseminated extranodal involvement or concomitant supradiaphragmatic nodal involvement	III <sub>E</sub>	T1-4 N3 M0	Lymph nodes on both sides of the diaphragm/distant metastases (eg, bone marrow or additional extranodal sites)
		IV	T1-4 N0-3 M1	

# MALIGNANT LYMPHOMA

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## NON-HODGKINS'S LYMPHOMA

### LOW GRADE LYMPHOMA

1) Early Stage ( Ann Arbor I –II )

Radiation therapy

2) Advanced Stage  
( Ann Arbor III–IV )

a) For elderly symptomatic  
patients in advanced stage:

- i) Adopt “watch and wait” policy, deferring treatment until symptoms dictate.
- ii) 1st line chemotherapy: Single oral alkylating agents
- iii) 2nd line chemotherapy COP regimen
- iv) 3<sup>rd</sup> line chemotherapy CEOP regimen
- v) R-COP regimen for follicular lymphoma

b) For young patients:

Tailor the treatment to individual condition.  
Autologous PBSCT post complete remission.

3) Relapsed low grade lymphoma

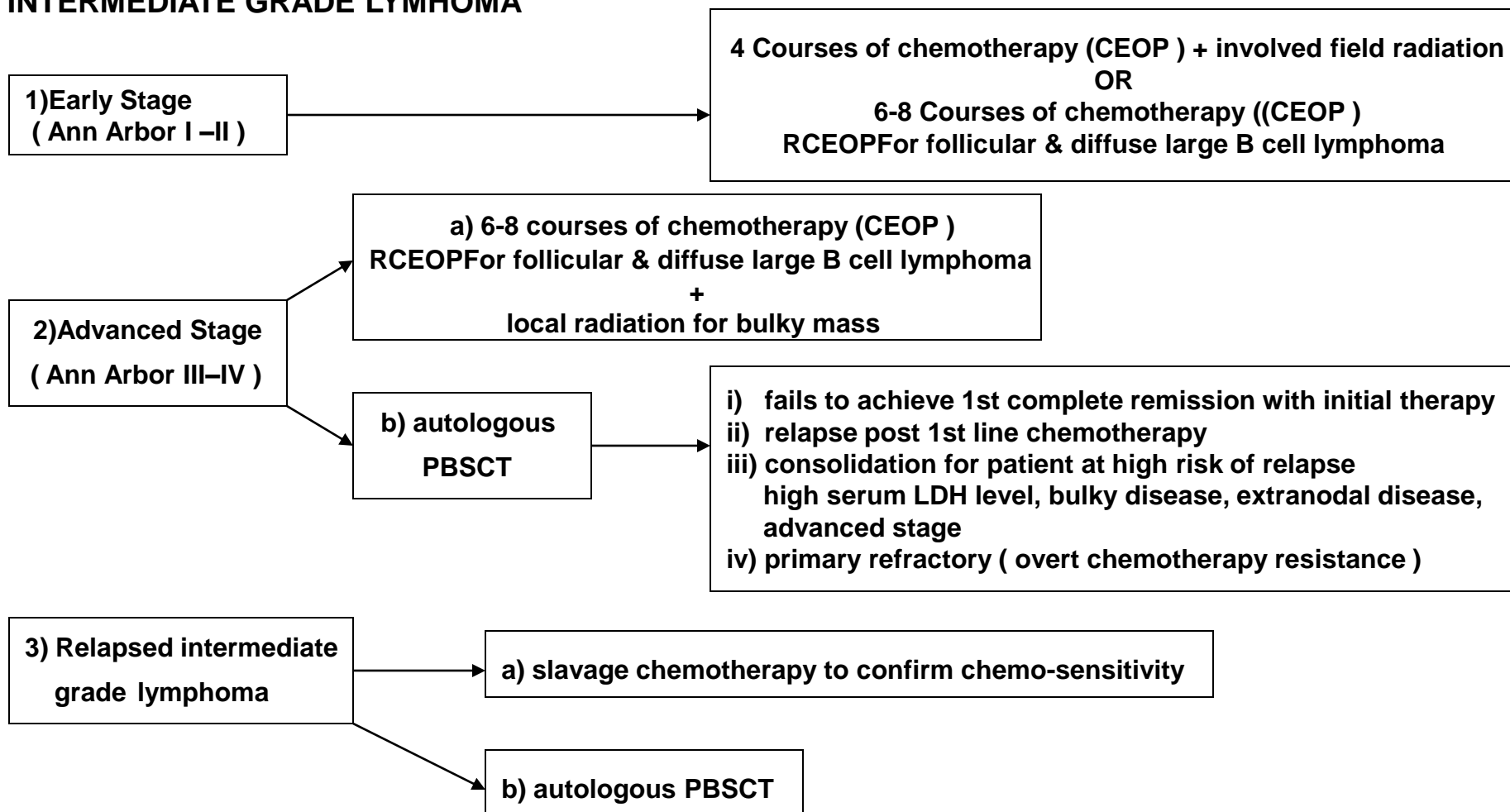
Autologous PBSCT for chemo-sensitive disease

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## NON-HODGKINS'S LYMPHOMA

### INTERMEDIATE GRADE LYMPHOMA



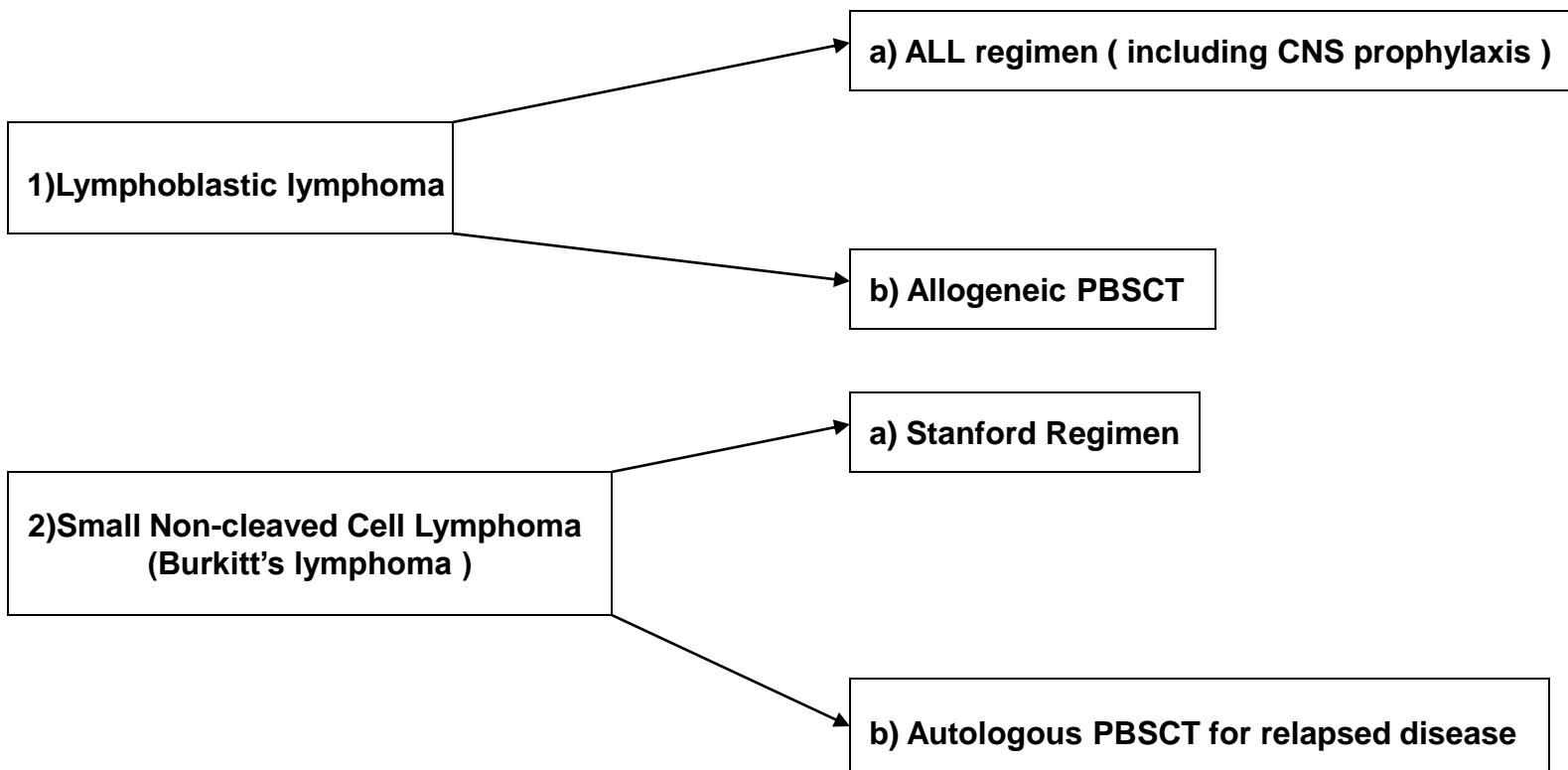


# MALIGNANT LYMPHOMA

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## NON-HODGKINS'S LYMPHOMA

### HIGH GRADE LYMPHOMA



- Lumbar puncture for cerebrospinal fluid (CSF) examination should be performed in patients with the following conditions:
  - Diffuse aggressive NHL with
    - bone marrow
    - epidural
    - testicular
    - paranasal sinus
    - nasopharyngeal involvement
    - or patient with two or more extranodal sites of disease.
  - High-grade lymphoblastic lymphoma
  - High-grade small noncleaved cell lymphomas (eg, Burkitt and non-Burkitt types)
  - HIV-related lymphoma
  - Primary CNS lymphoma
  - Patients with neurologic signs and symptoms
  - **breast lymphoma**

# MALIGNANT LYMPHOMA

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## HODGKIN'S DISEASE

1) Chemotherapy with ABVD regimen  
+  
radiation for bulky mass

2) Autologous PBSCT

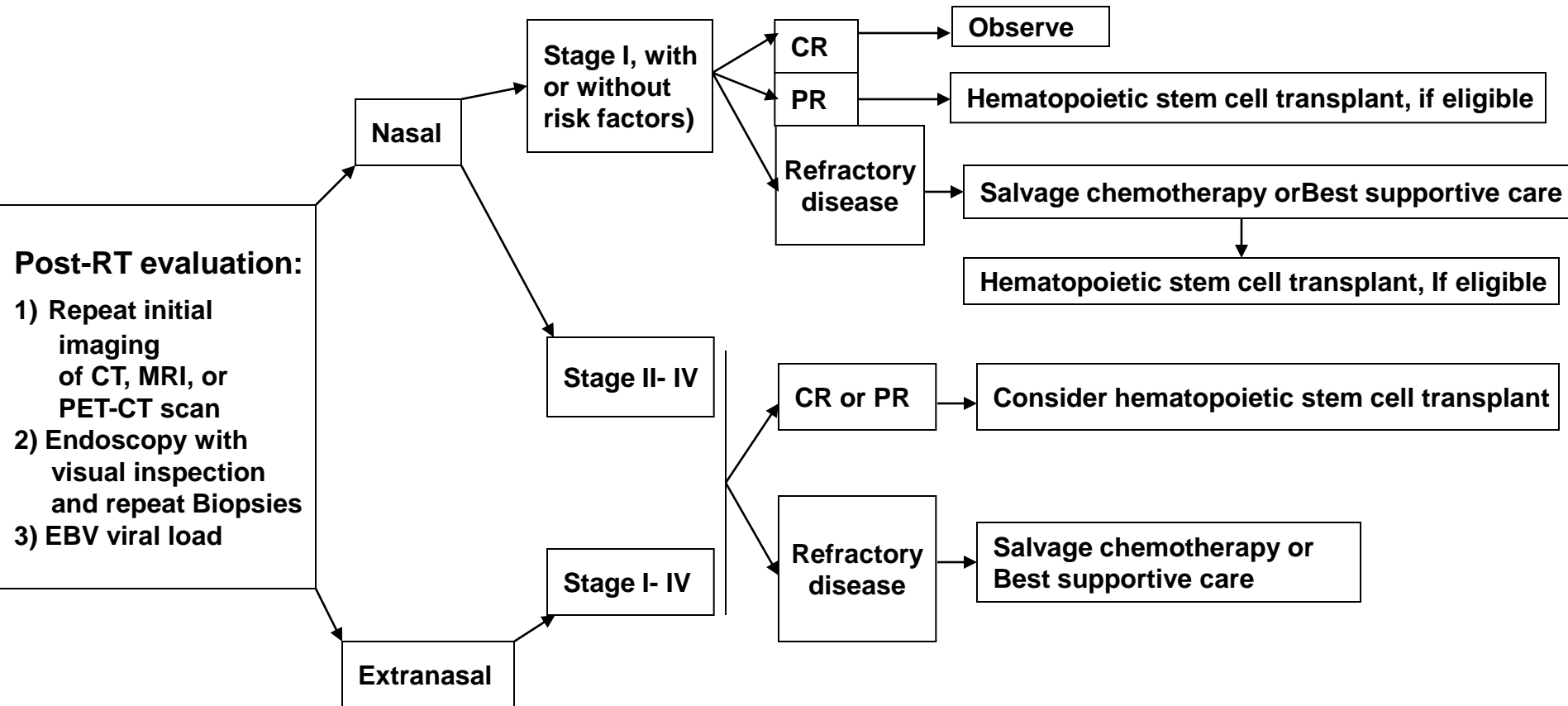
a) Stage IVb disease post complete remission  
b) Failure to achieve 1st complete remission  
c) Relapsed disease



# MALIGNANT LYMPHOMA

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## Extranodal NK/T-cell Lymphoma, nasal type



# MALIGNANT LYMPHOMA

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## NK/T CELL LYMPHOMA PROGNOSTIC INDEX

### ALL PATIENTS

Serum LDH > 1 x normal  
B symptoms  
Lymph nodes, N1 to N3, not M1  
Ann Arbor Stage III

### Number of risk factors

Low	0
Low intermediate	1
High intermediate	2
High	3 or 4

# **MALIGNANT LYMPHOMA**

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## **References:**

- 1.NCCN guidelines of Hodgkin's disease/lymphoma, V.2. 2009**
- 2.NCCN guidelines of Non-Hodgkin' s lymphomas, V.4. 2009**
- 3.<http://www.uptodateonline.com/online/content/search.do>**
- 4.<http://chemoregimen.com/Lymphoma-c-44-55.html>**
- 5.<http://chemoregimen.com/Dosage-for-Renal-Dysfunction-c-59-68.html>**
- 6.Baxter Oncology - Selected Schedules of Therapy for Malignant Tumors, 11<sup>th</sup> edition.**
- 7.A cooperative study on ProMACE-CytaBOM in aggressive non-Hodgkin's lymphomas. Leuk Lymphoma 1994; 13:111-8.**

## 附註

- 依據本院2009年淋巴瘤年報，罹患瀰漫性大B型淋巴瘤及濾泡型淋巴瘤病患，使用標靶治療rituximab併用化療CEOP較單用化療處方CEOP顯著增加整體存活率（p值為0.0001）。此統計結論與西方國家的研究報告相同，因此2010年7月本院淋巴瘤治療指引修正為：瀰漫性大B型淋巴瘤及濾泡型淋巴瘤使用rituximab併用化療CEOP處方，台灣病患治療成績證實與西方國家同樣優秀，因而在療效更好的處方問世前，淋巴瘤團隊建議持續使用rituximab併用化療處方CEOP。

# Diffuse large B cell lymphoma

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注意事項：

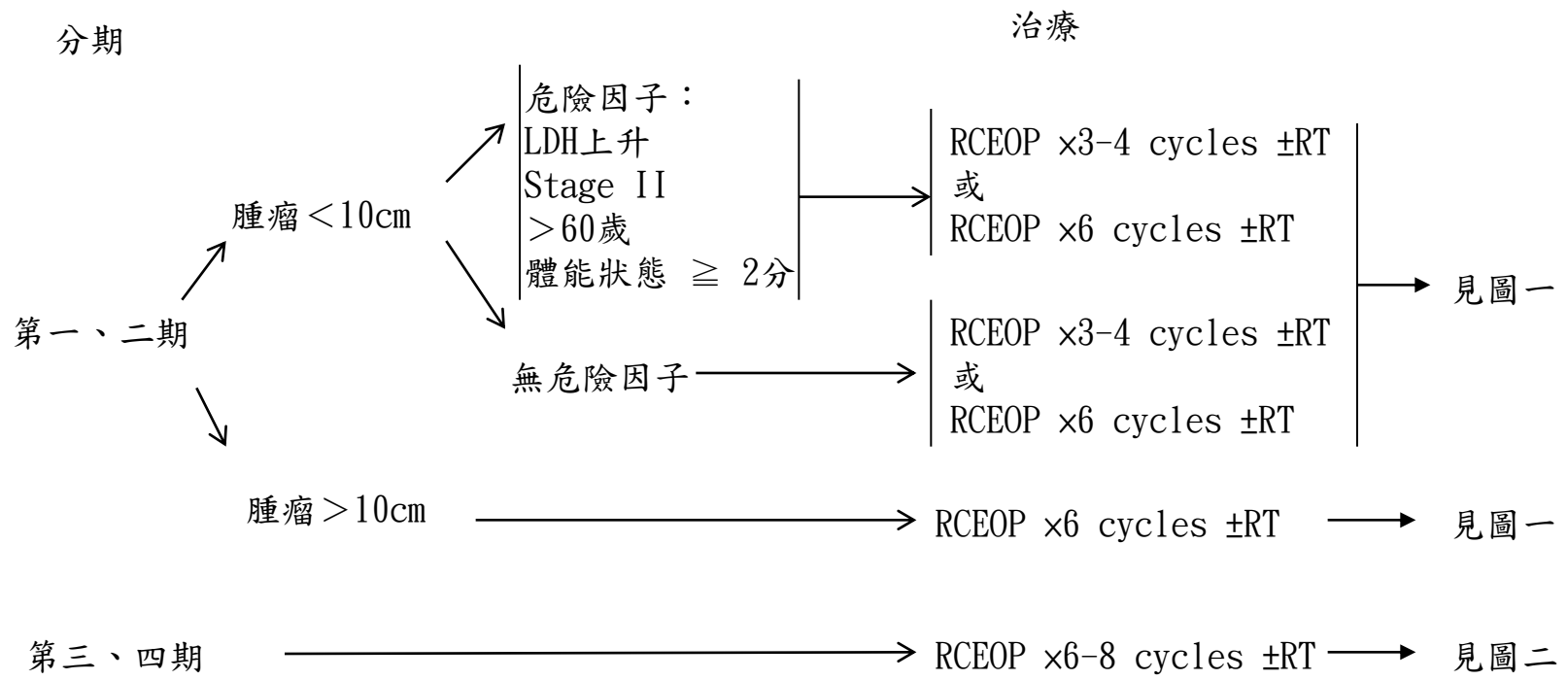
此治療準則主要作為本院醫療團隊診療病人參考之用途，  
並非適合所有病人，需由主治醫師視個別性選擇治療方式

2013/09/10修訂

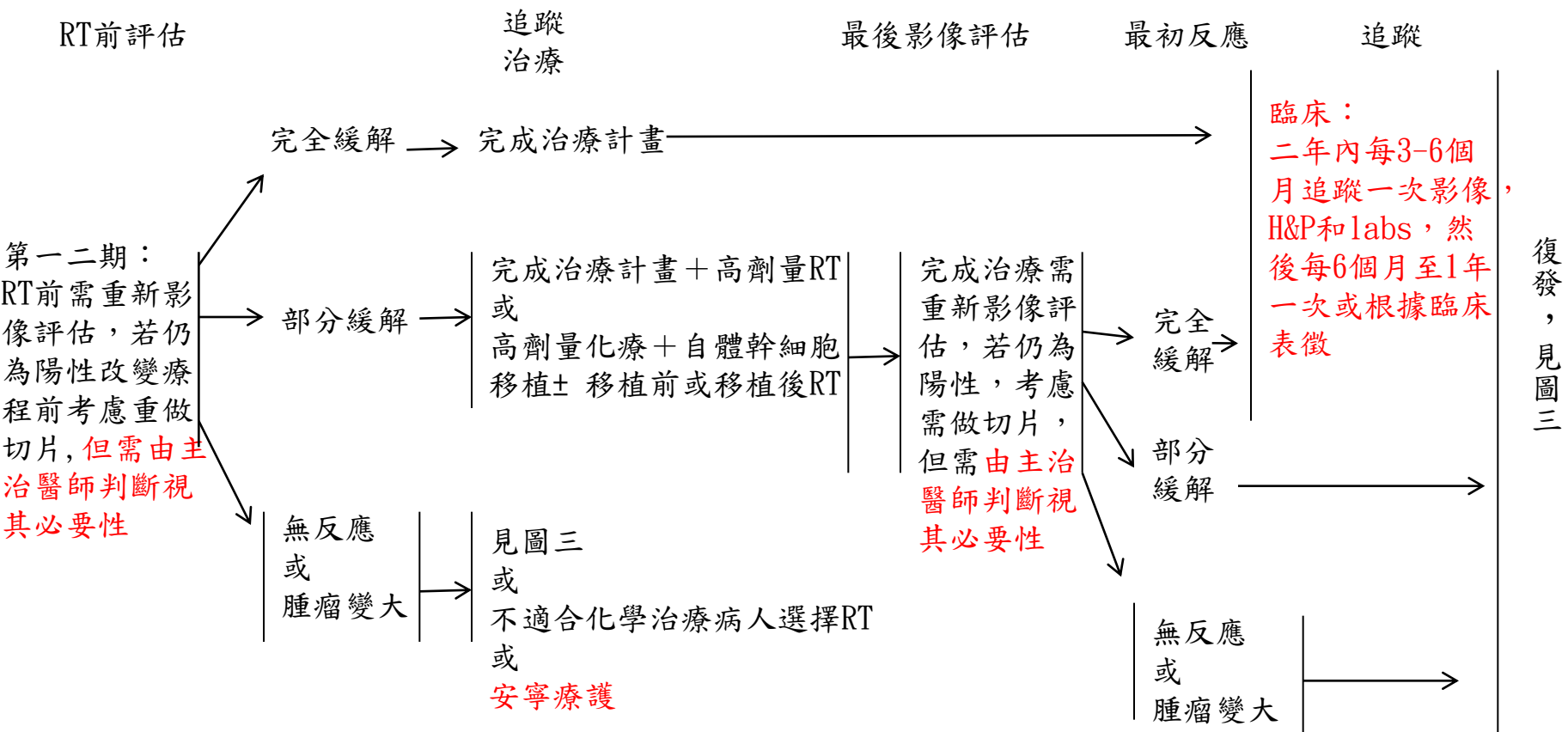


Diagnosis	Staging Work-up
<p><b>requirement :</b></p> <ul style="list-style-type: none"><li>* Hematopathology review of all slides with at least one paraffin block representative of tumor. Rebiopsy if consult material is nondiagnostic.</li><li>* An FNA or core needle biopsy alone is not generally suitable for the initial diagnosis of lymphoma. In certain circumstances, when a lymph nodes is not easily accessible for excisional or incisional biopsy, a combination of core biopsy of FNA biopsies in conjunction with appropriate ancillary techniques for the differential diagnosis may be sufficient for diagnosis.</li></ul> <p>※IHC panel : CD20, CD3 <b>( as description of the pathologist )</b></p> <p>Useful under certain circumstances :</p> <ul style="list-style-type: none"><li>※IHC panel : CD30,CD5,CD10,CD45,BCL2,BCL6,Ki-67, IRF4/MUM1 或</li><li>※Cell surface marker analysis by flow cytometry : kappa/lambda, CD45,CD3,CD5,CD19,CD10,CD20</li><li>* Additional immunohistochemical studies to establish lymphoma subtype</li><li>※IHC panel : Cyclin D1, kappa/lambda,CD30,CD138,EBER-ISH ,ALK,HHV8</li><li>* Molecular analysis to detect : antigen receptor gene rearrangements ; CCND1 ; BCL2 ; BCL6 ; MYC</li></ul> <p>Rearrangements by either FISH or IHC</p> <ul style="list-style-type: none"><li>* Cytogenetics or FISH : t ( 14 ; 18 ) ,t ( 3 ; v ) ,t ( 8 ; 14 )</li></ul>	<p><b>requirement :</b></p> <ul style="list-style-type: none"><li>* Physical exam : attention to node-bearing areas,including Waldeyer's rings, B- symptoms and to size of liver and spleen</li><li>* Performance status</li><li>* CBC,differential,platelets,LDH,Uric acid * Comprehensive metabolic panel</li><li>* CT : face/chest/abdominal/pelvic or PET</li><li>* bone marrow biopsy±aspirate</li><li>* IPI SCORE</li><li>* Hepatitis B 、 C testing</li><li>* echocardiogram <b>or ejection fraction</b></li></ul> <p>選擇性 :</p> <ul style="list-style-type: none"><li>* HIV</li><li>* Discussion of fertility issues and sperm banking</li><li>* Lumbar puncture ( 見第十頁 )</li><li>* <b>Beta2- microglobulin</b></li></ul>

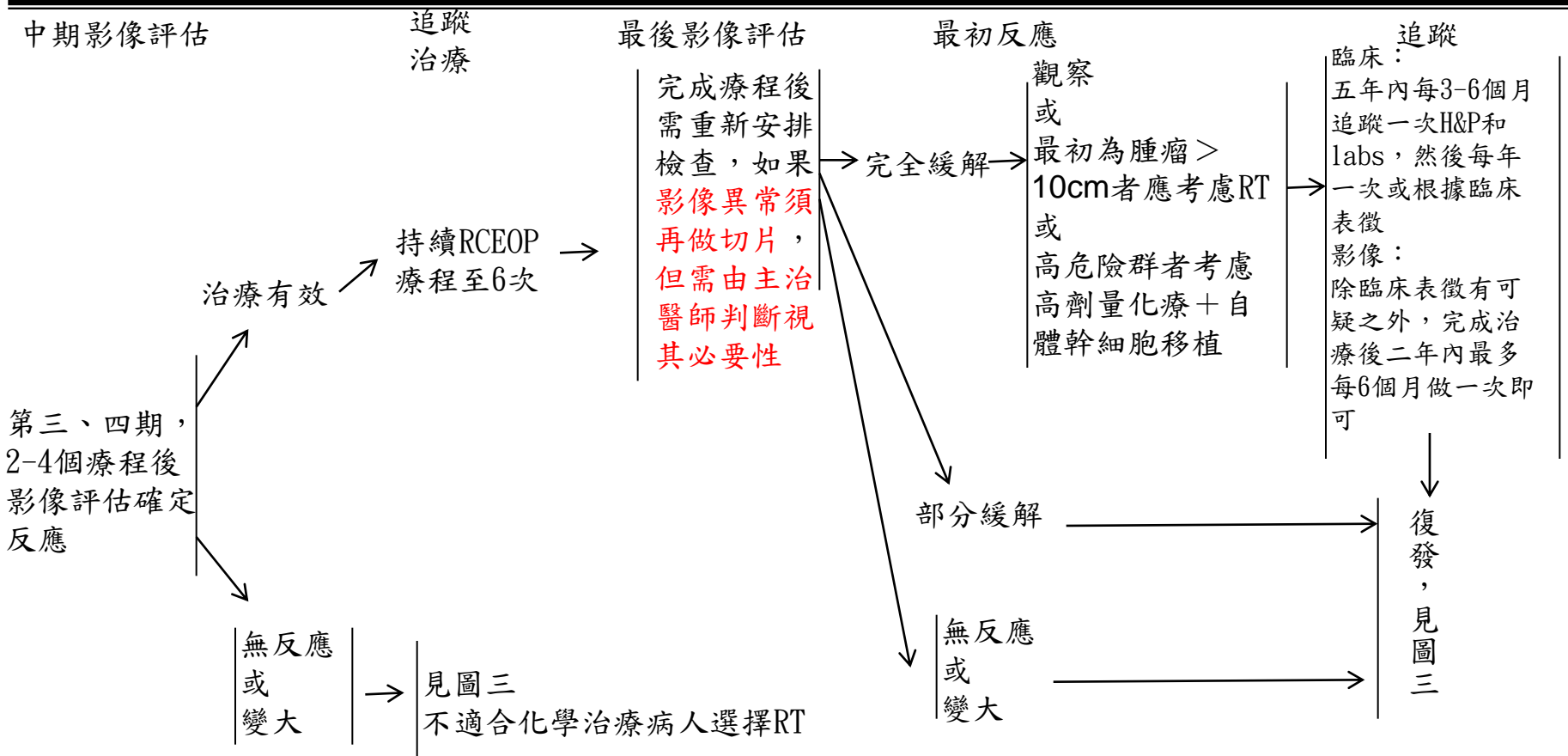
# Diffuse large B cell lymphoma



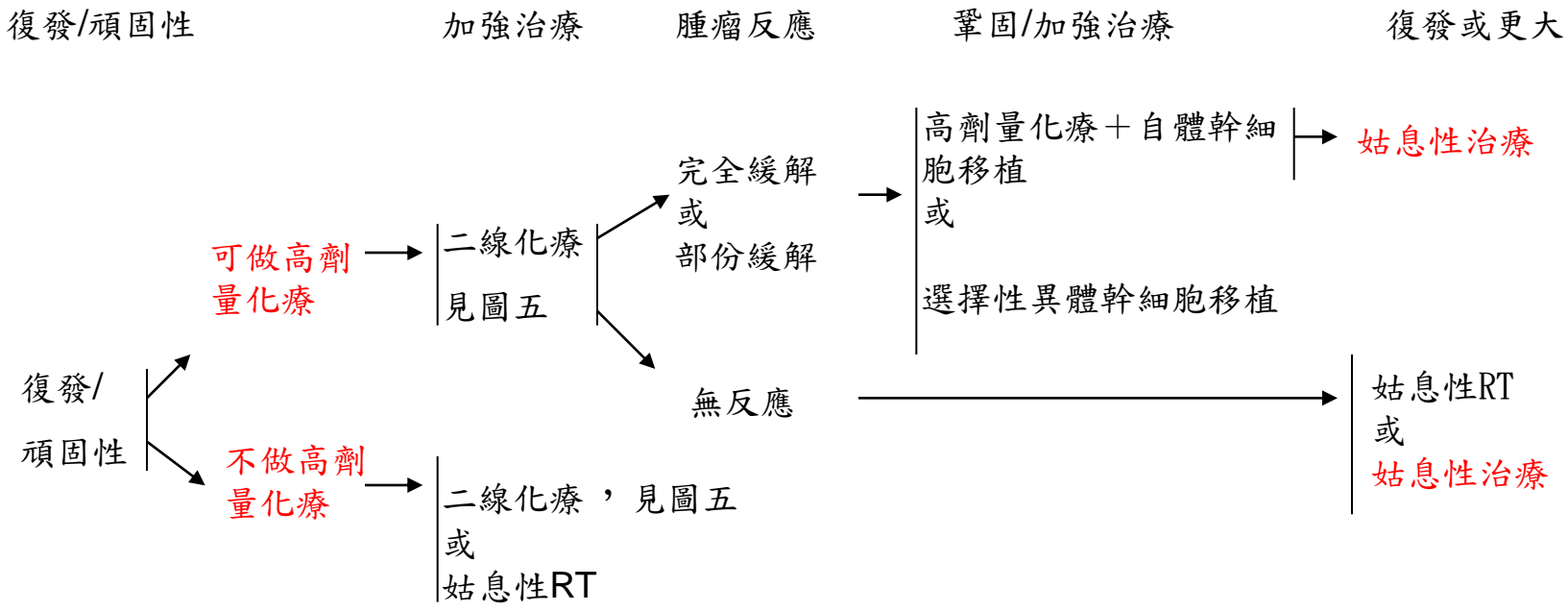
# Diffuse large B cell lymphoma



# Diffuse large B cell lymphoma



# Diffuse large B cell lymphoma



# Diffuse large B cell lymphoma

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## 建議治療療程

一線化療	
R-CEOP	Rituximab 375MG/M2 IVA on D1
	Cyclophosphamide 750MG/M2 IVA on D1 or D2
	Epirubicin 75MG/M2 IVA on D1 or D2
	Vincristine 2MG IVA on D1 or D2
	Prednisone 5MG 10TAB BID po for 5days
	References:NO 2

一線化療適用於心臟功能不好病人	
R-CNOP	Rituximab 375MG/M2 IVA on D1
	Cyclophosphamide 750MG/M2 IVA on D1 or D2
	Mitoxantrone 10MG/M2 IVA on D1 or D2
	Vincristine 2MG IVA on D1 or D2
	Prednisone 5MG 10TAB BID po for 5days
	References:NO 3

圖四

# Diffuse large B cell lymphoma

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## 建議治療療程

二線化療（針對有意執行高劑量化療+自體幹細胞移植者）

DHAP	Dexamethasone 40MG for 4 days
	Cisplatin 100MG/M2/ Carboplatin AUCx1.25MG IVA on D1
	Cytarabine 2000MG/M2 IVA Q12H on D2
	註：CCr < 60 使用Carboplatin <span style="float: right;">References:NO4</span>
ESHAP	Solu-Medrol 500MG IVA for 5days on D1-5
	Etoposide 40MG/M2 IVA for 4days on D1-4
	Cisplatin 25MG/M2 / Carboplatin AUCx1.25MG IVA for 4days on D1-4
	Cytarabine 2000MG/M2 IVA on D5
	註：CCr < 60 使用Carboplatin <span style="float: right;">References:NO5</span>

圖五-1

# Diffuse large B cell lymphoma

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## 建議治療療程

二線化療（針對有意執行高劑量化療+自體幹細胞移植者）

DICE	Ifosfamide 1GM/M2 IVA for 4day on D1-4	
	Cisplatin 25MG/M2 / Carboplatin AUCx1.25MG IVA for 4day on D1-4	
	Etoposide 100MG/M2 IVD for 4day on D1-4	
	Dexamethasone 40MG IVA for 4day on D1-4	
	註：CCr < 60 使用Carboplatin	References:NO6
MINE	Mesna 1.33GM/M2 IVA for 3days on D1-3	
	Ifosfamide 1.33GM/M2 IVA for 3days on D1-3	
	Mitoxantrone 8MG/M2 IVA on D1	
	Etoposide 65MG/M2 IVA for 3days on D1-3	References:NO7

圖五-2



# Diffuse large B cell lymphoma

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Lumbar puncture for cerebrospinal fluid (CSF) examination should be performed in patients with the following conditions:

Diffuse aggressive NHL with

- \* bone marrow
- \* epidural
- \* testicular
- \* paranasal sinus
- \* nasopharyngeal involvement or patient with two or more extranodal sites of disease.
- \* High-grade lymphoblastic lymphoma
- \* High-grade small noncleaved cell lymphomas (eg, Burkitt and non-Burkitt types)
- \* HIV-related lymphoma
- \* Primary CNS lymphoma
- \* Patients with neurologic signs and symptoms
- \* **breast lymphoma**

# Diffuse large B cell lymphoma

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## References:

- 1.NCCN guidelines of Non-Hodgkin' s lymphomas, V.1. 2013**
- 2.FEUGIER p, Van Hoof A, Sebban C,et al. Long-term results of the R-CHOP study in the treatment of elderly patients with diffuse large B-cell lymphoma:a study by the Groupe d'Etude des lymphomes de l'Adulte. J Clin Oncol 2005;23:4117-4126.**
- 3.Bessell EM,Burton A, Haynes AP,et al. A randomised multicentre trial of modified CHOP versus MCOP in patients aged 65 years and over with aggressive non-Hodgkin's lymphoma. Ann Oncol 2003;14:258-267.**
- 4.Velasquez WS. Cabanillas F, Salvador P, et al. Effective salvage therapy for lymphoma with cisplatin in combination with high-dose Ara-C and dexamethasone(DHAP). Blood 1988;71:177-122.**
- 5.Velasquez WS, McLaughin P,Tucker S, ET AL. ESHAP-an effective chemotherapy regimen in refractory and relapsing lymphoma:a 4-year follow-up study.J Clin Oncol 1994;12:1169-1176.**

# Diffuse large B cell lymphoma

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## **References:**

**6. Gisselbrecht C, Glass B, Mounier N, et al. Salvage regimens with autologous transplantation for relapsed large B-cell lymphoma in the rituximab era. J Clin Oncol 2010;28:4184-4190.**

**7. Ifosfamide and etoposide-based chemotherapy as salvage and mobilizing regimen for poor prognosis lymphoma. Bone Marrow Transplantation, (1999) 23, 413-419.**

# Hodgkin Lymphoma

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注意事項：

此治療準則主要作為本院醫療團隊診療病人參考之用途，  
並非適合所有病人，需由主治醫師視個別性選擇治療方式

2013/11/19修訂

# Hodgkin Lymphoma

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*Table 1*

## Definitions of Stages in Hodgkin's Disease<sup>1</sup>

**Stage I** Involvement of a single lymph node region (I) or localized involvement of a single extralymphatic organ or site (I<sub>E</sub>).

**Stage II** Involvement of two or more lymph node regions on the same side of the diaphragm (II) or localized involvement of a single associated extralymphatic organ or site and its regional lymph node(s), with or without involvement of other lymph node regions on the same side of the diaphragm (II<sub>E</sub>).

Note: The number of lymph node regions involved may be indicated by a subscript (e.g. II<sub>3</sub>).

**Stage III** Involvement of lymph node regions on both sides of the diaphragm (III), which may also be accompanied by localized involvement of an associated extralymphatic organ or site (III<sub>E</sub>), by involvement of the spleen (III<sub>S</sub>), or by both (III<sub>E,S</sub>).

**Stage IV** Disseminated (multifocal) involvement of one or more extralymphatic organs, with or without associated lymph node involvement, or isolated extralymphatic organ involvement with distant (nonregional) nodal involvement.

A No systemic symptoms present

B Unexplained fevers >38 C; drenching night sweats; or weight loss >10% of body weight (within 6 months prior to diagnosis)

Adapted from Carbone PP, Kaplan HS, Musshoff K et al. Report of the Committee on Hodgkin's Disease Staging Classification. *Cancer Res* 1971;31(11):1860-1.

# Hodgkin Lymphoma

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**Examples of Unfavorable Risk Factors for Stage I-II Hodgkin Disease**

Risk Factor	GHSG	EORTC	NCIC	NCCN
Age		≥ 50	≥ 40	
Histology			MC or LD	
ESR and B symptoms	> 50 if A; > 30 if B	> 50 if A; > 30 if B	> 50 or any B sx	> 50 or any B sx
Mediastinal mass	MMR > .33	MTR > .35	MMR > .33 or > 10 cm	MMR > .33
# Nodal sites	> 2*	> 3	> 3	> 3
E lesion	any			
Bulky				> 10 cm

GHSG = German Hodgkin Study Group

EORTC = European Organization for the Research and Treatment of Cancer

NCIC = National Cancer Institute, Canada

MC = Mixed cellularity

LD = Lymphocyte depleted

MMR = Mediastinal mass ratio, maximum width of mass/maximum intrathoracic diameter

MTR = Mediastinal thoracic ratio, maximum width of mediastinal mass/intrathoracic diameter at T5-6

\*The GHSG definition of nodal sites differs from the Ann Arbor system in that the infraclavicular region is included with the ipsilateral cervical/supraclavicular, the bilateral hila are included with the mediastinum, and the abdomen is divided into 2 regions, upper (spleen hilum, liver hilum, celiac) and lower.

**International Prognostic Score (IPS) 1 point per factor  
(advanced disease)**

- Albumin < 4 g/dL
- Hemoglobin < 10.5 g/dL
- Male
- Age ≥ 45 years
- Stage IV disease
- Leukocytosis (white blood cell count at least 15,000/mm )
- Lymphocytopenia (lymphocyte count less than 8% of white blood cell count, and/or lymphocyte count less than 600/mm )

# Hodgkin Lymphoma

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## DIAGNOSIS

- Excisional biopsy (recommended)
- Core needle biopsy may be adequate if diagnostic
- Immunohistochemistry highly recommended for Hodgkin lymphoma

## WORKUP

### Essential:

- H&P including: B symptoms, alcohol intolerance, pruritus, fatigue, performance status, exam lymphoid regions, spleen, liver
- CBC, differential, platelets
- Erythrocyte sedimentation rate (ESR)
- LDH, LFT, albumin
- BUN, creatinine
- Pregnancy test: women of childbearing age
- Chest x-ray
- Diagnostic  
Face and neck/abdominal CT
- Adequate bone marrow biopsy in stage IB, IIB and stage III-IV
- Evaluation of ejection fraction for doxorubicin-containing regimens

### Useful in selected cases:

- Semen cryopreservation, if chemotherapy or pelvic RT contemplated
- IVF or ovarian tissue or oocyte cryopreservation
- Oophoropexy in premenopausal women if pelvic RT is contemplated
- Neck CT
- Pulmonary functions tests (PFTs incl. DLCO) if ABVD
- Pneumococcal, H-flu, meningococcal vaccines, if splenic RT contemplated
- PET-CT scan
- HIV test

## Summary

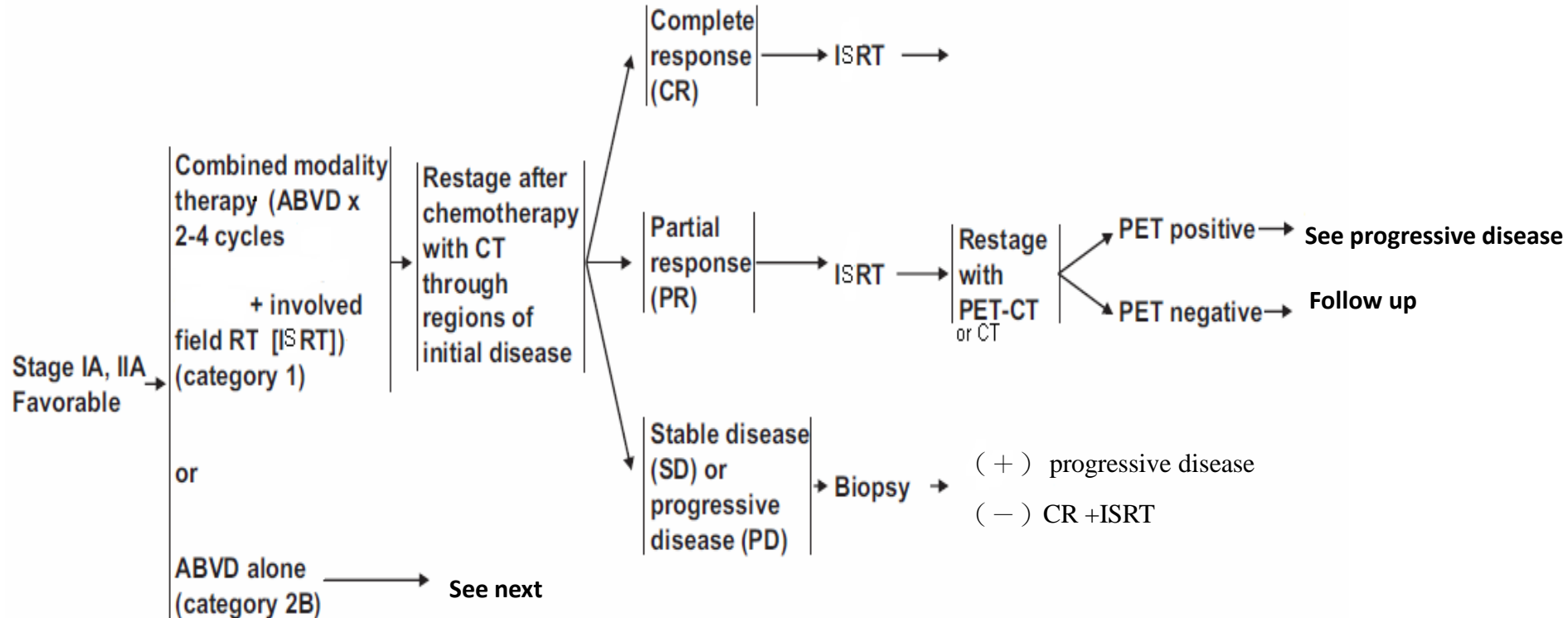
- Stage IA/IIA (favorable)  
Standard: combined modality with ABVD x 2-4 cycles + ISRT  
ABVD x 6 cycles (or 4 cycles) in selected case
- Stage I/II (unfavorable, non-bulky)  
ABVD x 6 cycles +/- ISRT
- Stage I/II (unfavorable, bulky)  
ABVD x 6 cycles + ISRT
- Stage III/IV  
ABVD x 6 cycles +/- ISRT



# Hodgkin Lymphoma

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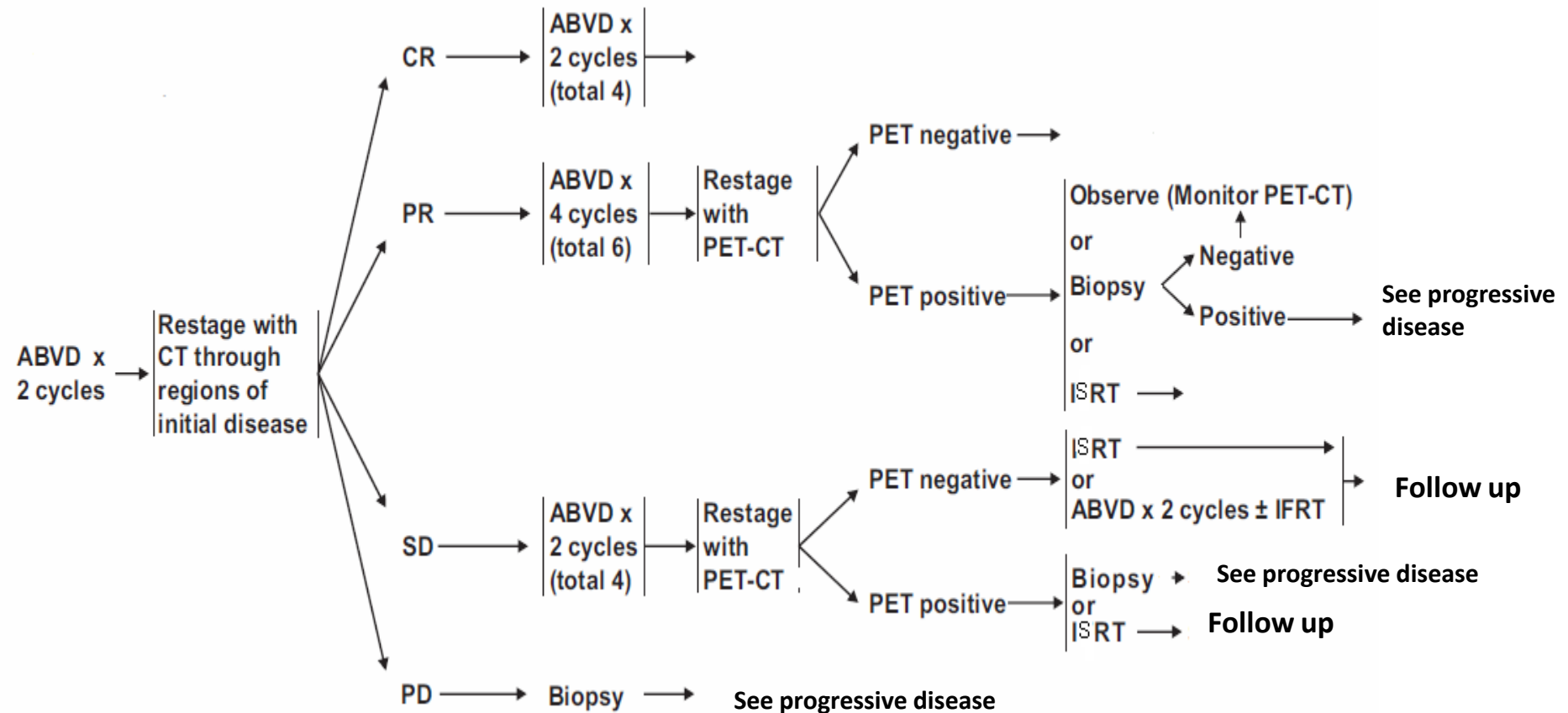
## Classical Hodgkin Lymphoma Stage IA-IIA Favorable



# Hodgkin Lymphoma

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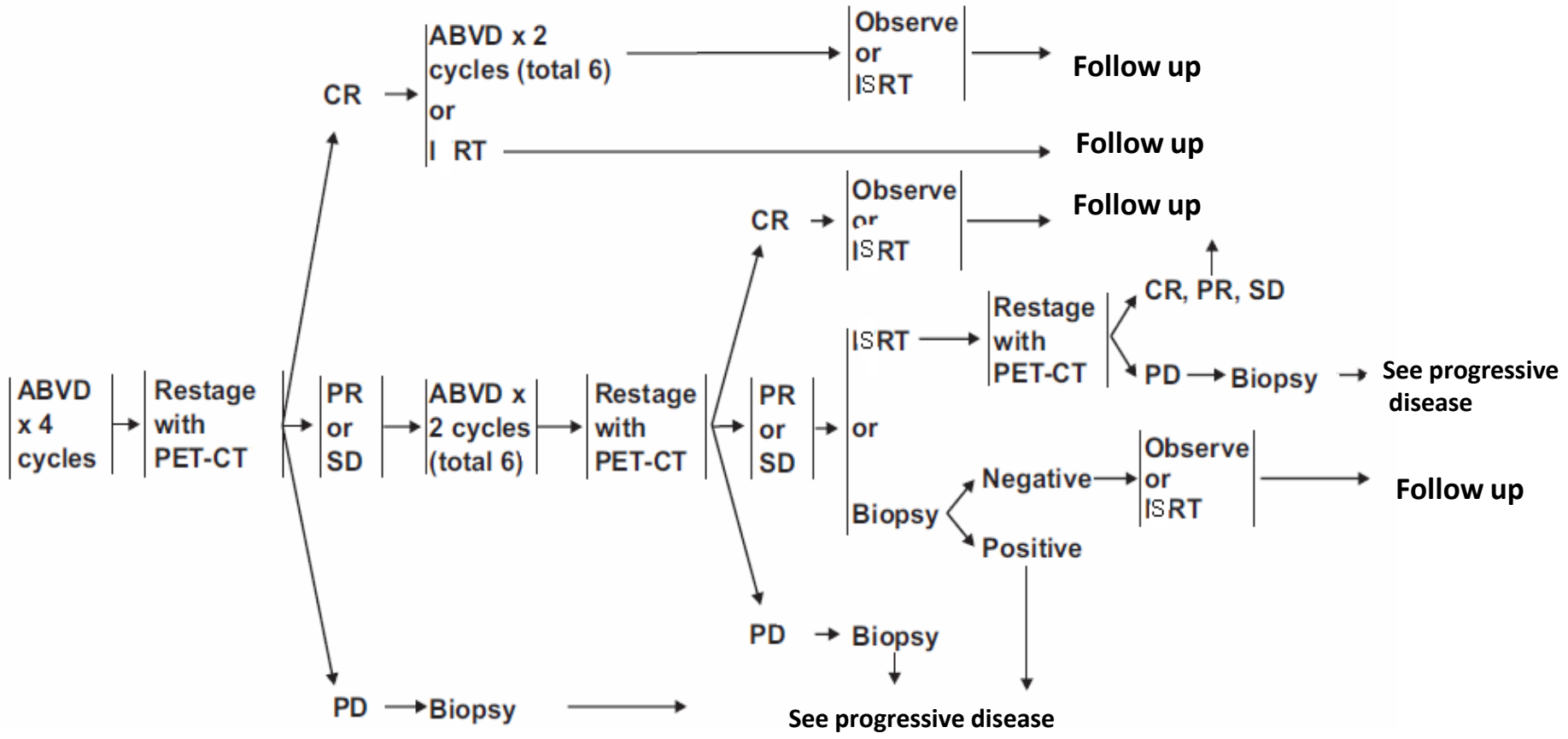
## Classical Hodgkin Lymphoma Stage IA-IIA Favorable (C/T alone first)



# Hodgkin Lymphoma

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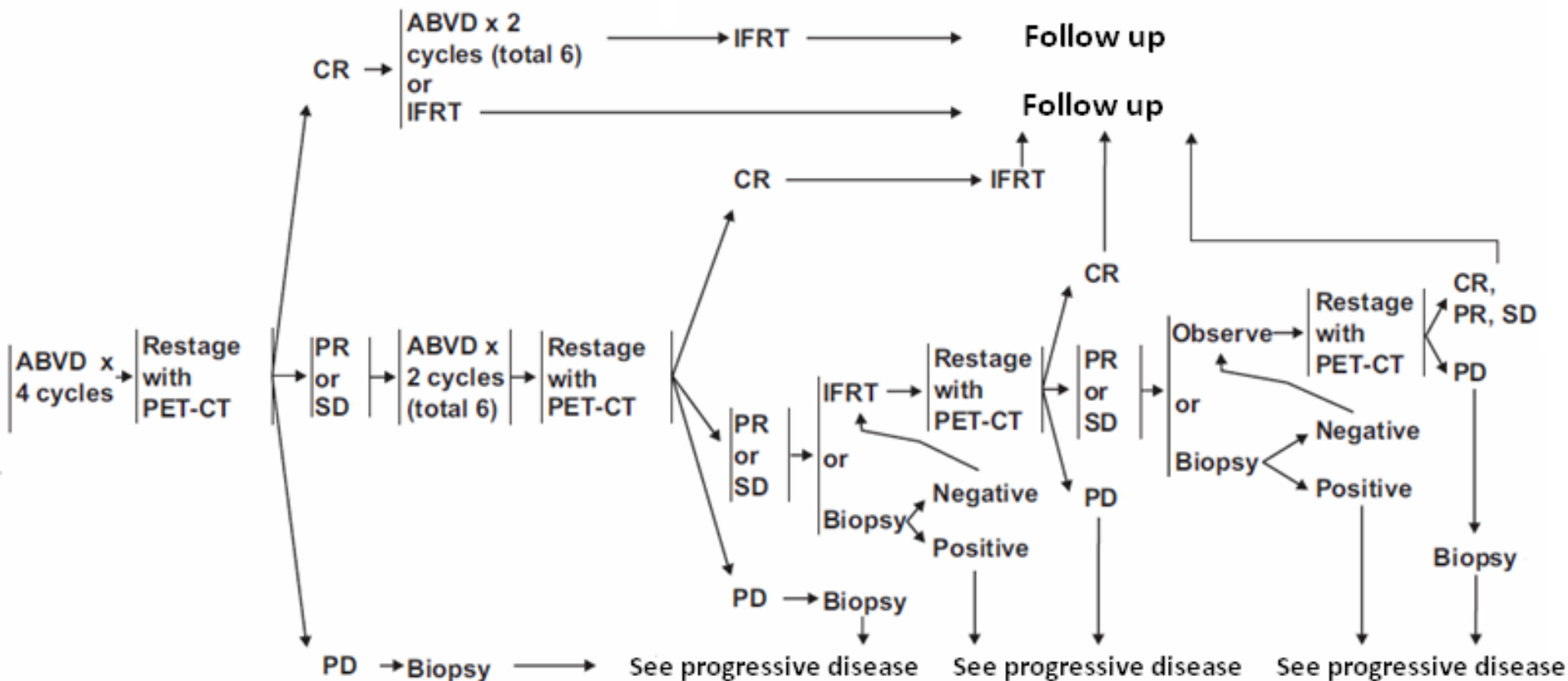
## Classical Hodgkin Lymphoma Stage I-II Unfavorable (Non-bulky, C/T alone first)



# Hodgkin Lymphoma

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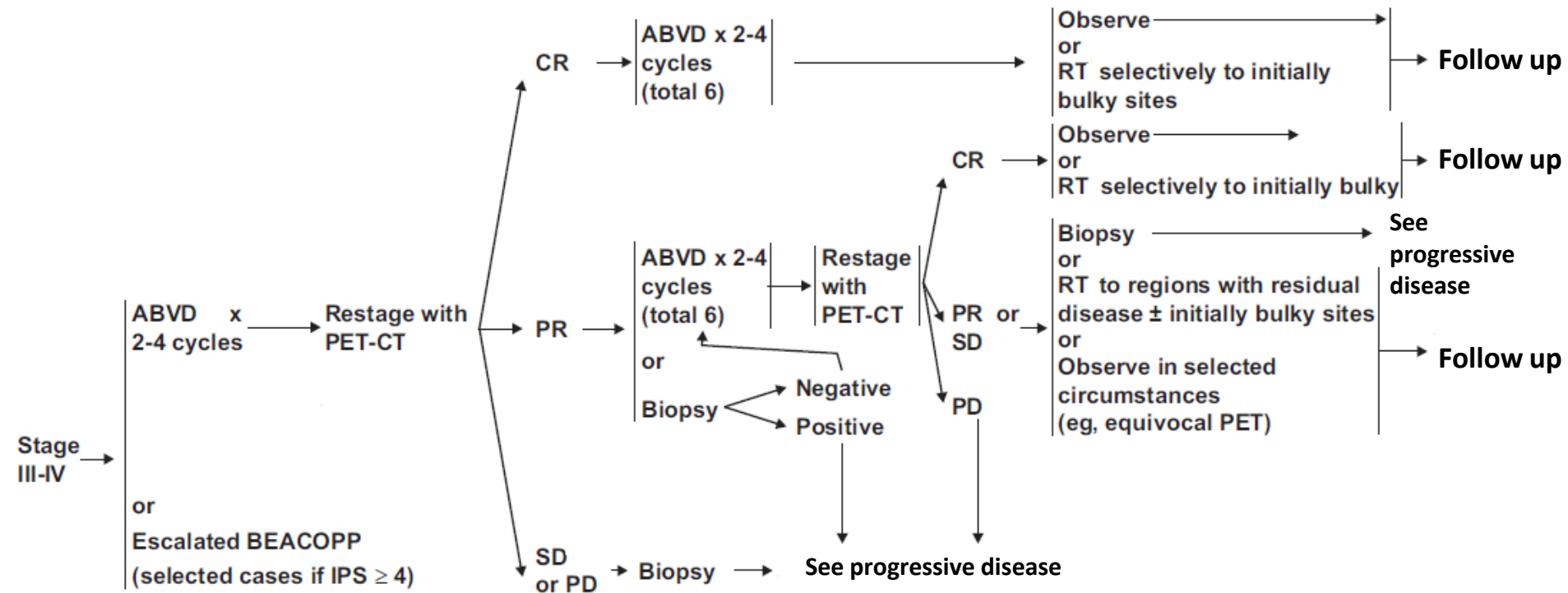
## Classical Hodgkin Lymphoma Stage I-II Unfavorable (Bulky, C/T alone first)



# Hodgkin Lymphoma

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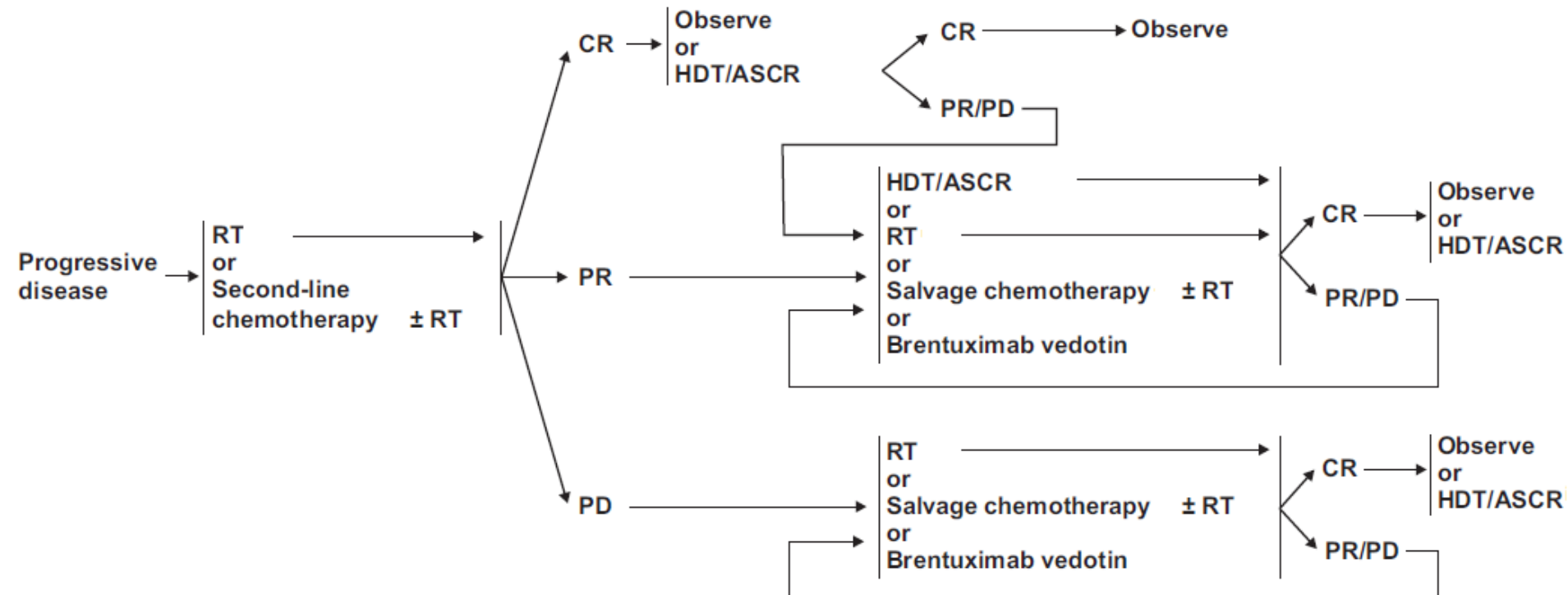
## Classical Hodgkin Lymphoma Stage III-IV



# Hodgkin Lymphoma

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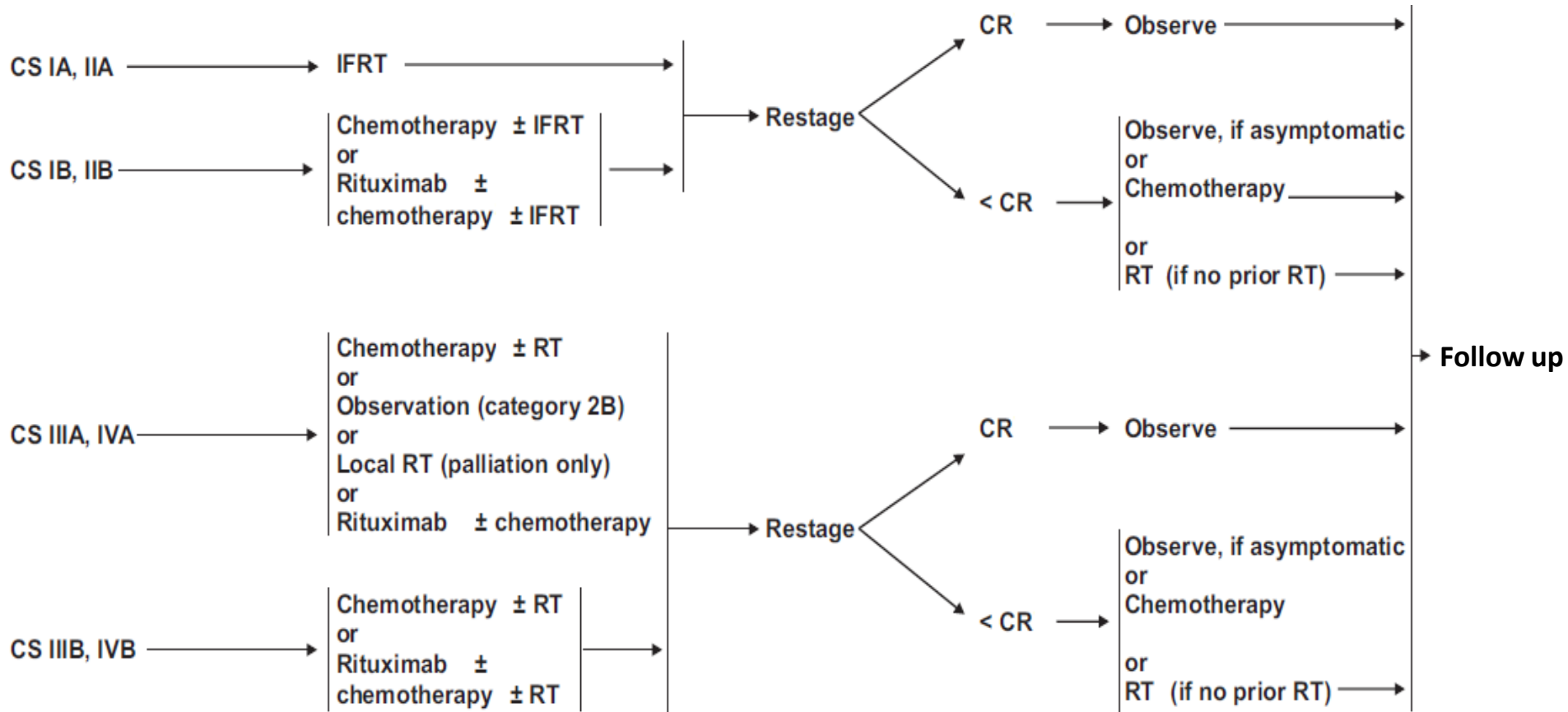
## Classical Hodgkin Lymphoma (progressive disease or relapse)



# Hodgkin Lymphoma

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## Lymphocyte-predominant Hodgkin Lymphoma



## Hodgkin lymphoma-Commonly used chemotherapy regimen

- ABVD** Q4w (References:NO10)
  - Doxorubicin (Adriamycin) 25 mg/m<sup>2</sup> iv d1 and 15
  - Bleomycin 10 U/m<sup>2</sup> iv d1 and 15
  - Vinblastine 6 mg/m<sup>2</sup> iv d1 and 15
  - Dacarbazine (DTIC) 375 mg/m<sup>2</sup> iv d1 and 15



# Hodgkin Lymphoma

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## Second –line chemotherapy regimen

Bendamustine 50~150MG/M2 IVA for 2days	
DHAP	Dexamethasone 40MG for 4 days
	Cisplatin 100MG/M2/ Carboplatin AUCx1.25MG IVA on D1
	Cytarabine 2000MG/M2 IVA Q12H on D2
	註：CCr < 60 使用Carboplatin <span style="float: right;">References:NO4</span>
ESHAP	Solu-Medrol 500MG IVA for 5days on D1-5
	Etoposide 40MG/M2 IVA for 4days on D1-4
	Cisplatin 25MG/M2 / Carboplatin AUCx1.25MG IVA for 4days on D1-4
	Cytarabine 2000MG/M2 IVA on D5
	註：CCr < 60 使用Carboplatin <span style="float: right;">References:NO5</span>

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## Second –line chemotherapy regimen

MINE	Mesna 1.33GM/M2 IVA for 3days on D1-3	
	Ifosfamide 1.33GM/M2 IVA for 3days on D1-3	
	Mitoxantrone 8MG/M2 IVA on D1	
	Etoposide 65MG/M2 IVA for 3days on D1-3	References:NO7
Mini-BEAM	Carmustine 60MG/M2 IVA on D1	
	Cytarabine 100MG/M2 Q12H IVA on D2 x 4 days	
	Etoposide 40MG/M2 IVA on D2 x4 days	
	Alkeran 30MG/M2 IVA on D6	References:NO11

# Hodgkin Lymphoma

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## Reference

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# Hodgkin Lymphoma

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# Follicular Lymphoma (grade 1-2)

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注意事項：

此治療準則主要作為本院醫療團隊診療病人參考之用途，  
並非適合所有病人，需由主治醫師視個別性選擇治療方式

2014/02/11制定

# Follicular lymphoma (grade 1-2)

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## Diagnosis

### Essential :

- \* Hematopathology review of all slides with at least one paraffin block representative of tumor. Rebiopsy if consult material is nondiagnostic.
- \* An FNA or core needle biopsy alone is not generally suitable for the initial diagnosis of lymphoma. In certain circumstances, when a lymph node is not easily accessible for excisional or incisional biopsy, a combination of core biopsy of FNA biopsies in conjunction with appropriate ancillary techniques for the differential diagnosis may be sufficient for diagnosis.

※IHC panel : CD20, CD3

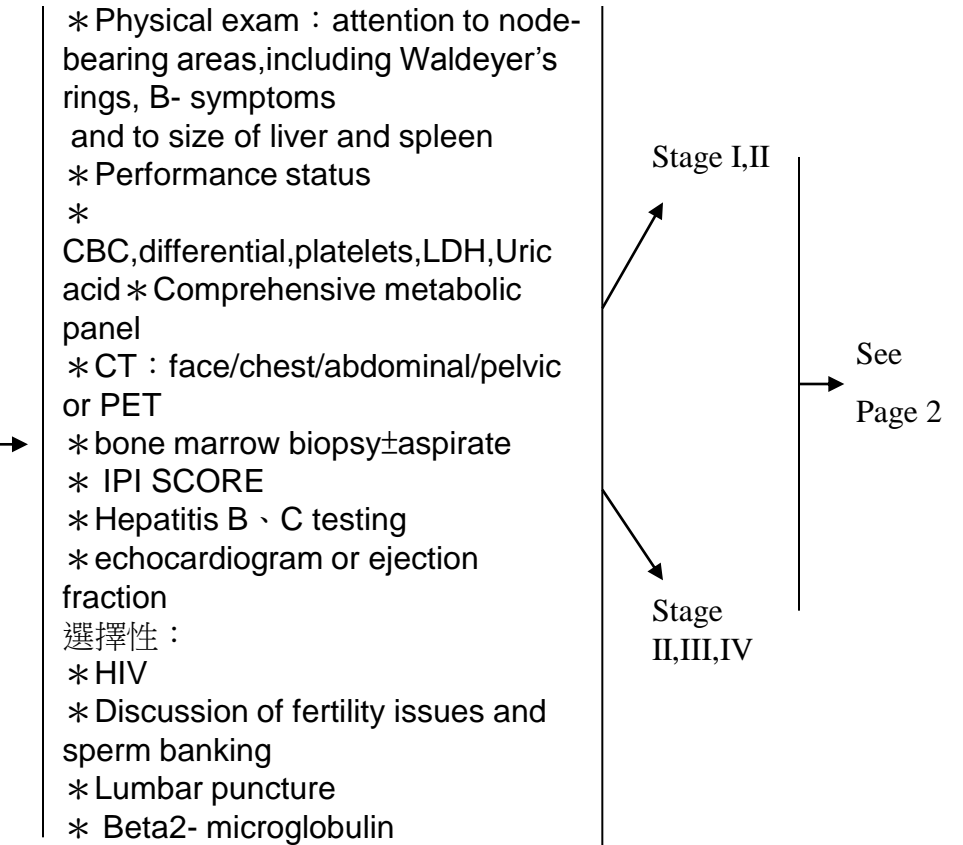
( as description of the pathologist )

Useful under certain circumstances :

- ※IHC panel : CD30,CD5,CD10,CD45,BCL2,BCL6,Ki-67, IRF4/MUM1或
- ※Cell surface marker analysis by flow cytometry : kappa/lambda, CD45,CD3,CD5,CD19,CD10,CD20
- \* Additional immunohistochemical studies to establish lymphoma subtype
- ※IHC panel : Cyclin D1, kappa/lambda,CD30,CD138,EBER-ISH ,ALK,HHV8
- \* Molecular analysis to detect : antigen receptor gene rearrangements ; CCND1 ; BCL2 ; BCL6 ; MYC Rearrangements by either FISH or IHC
- \* Cytogenetics or FISH : t ( 14 ; 18 ) , t ( 3 ; v ) , t ( 8 ; 14 )

## Work-up

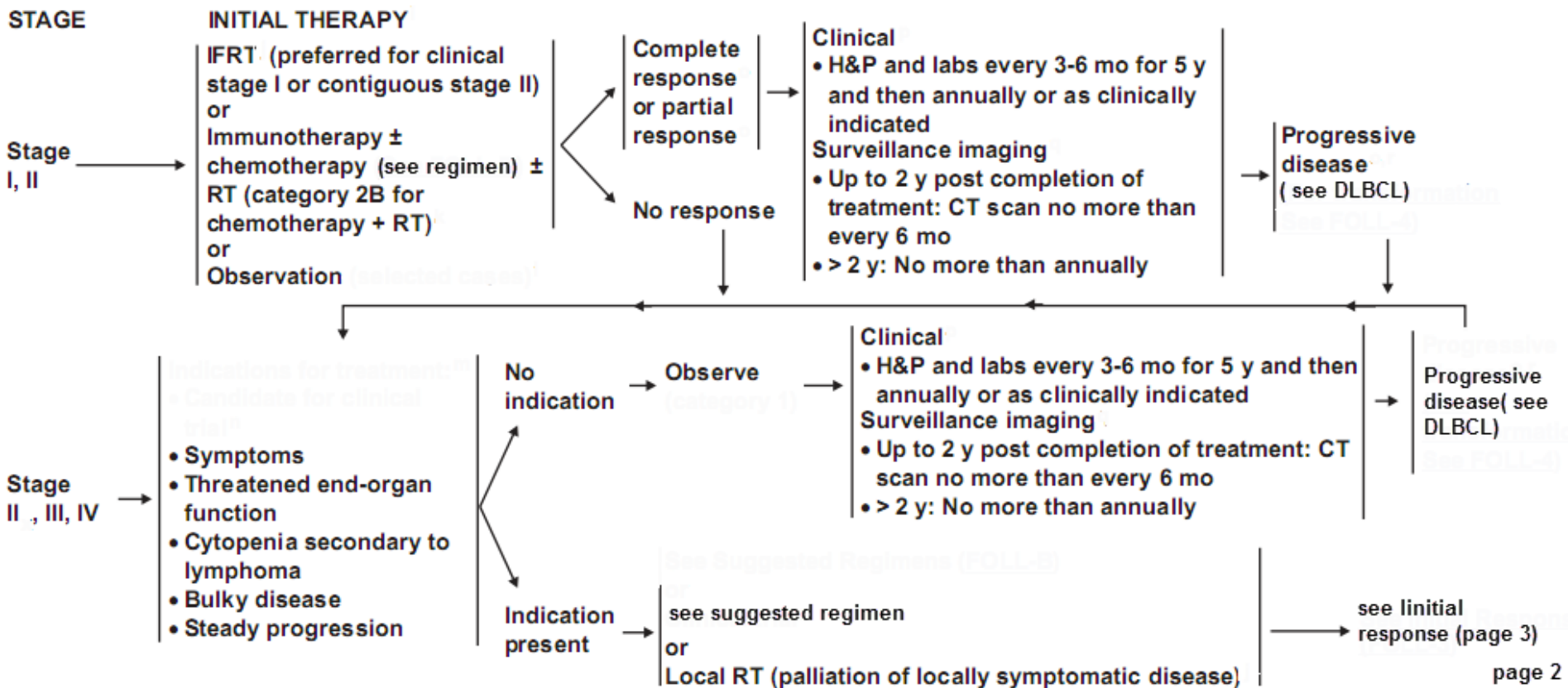
### Essential :



備註 : 1. Follicular lymphoma grade 3 is commonly treated according to the DLBCL

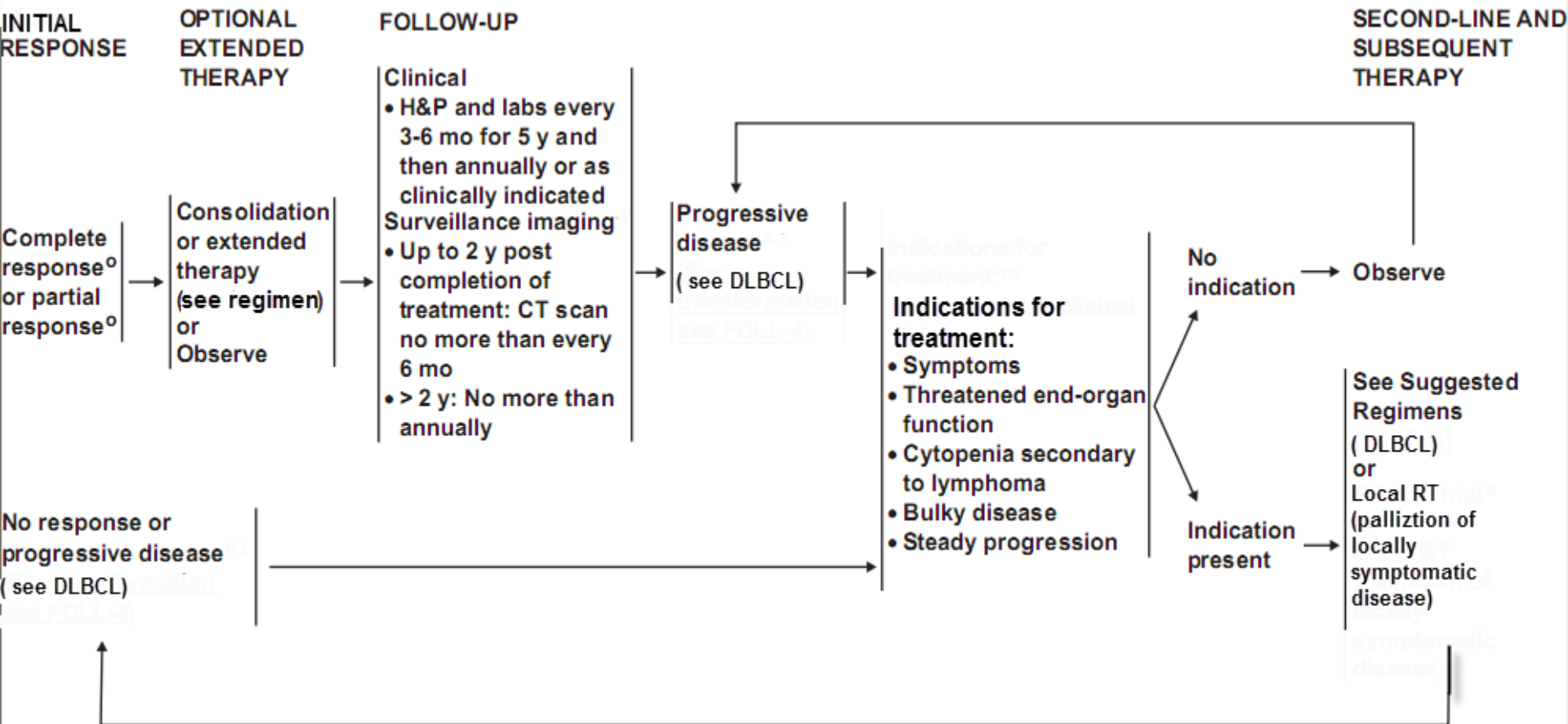
# Follicular lymphoma (grade 1-2)

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# Follicular lymphoma (grade 1-2)

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# Follicular lymphoma (grade 1-2)

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## GELF CRITERIA

- Involvement of  $\geq 3$  nodal sites, each with a diameter of  $\geq 3$  cm
- Any nodal or extranodal tumor mass with a diameter of  $\geq 7$  cm
- B symptoms
- Splenomegaly
- Pleural effusions or peritoneal ascites
- Cytopenias (leukocytes  $< 1.0 \times 10^9/L$  and/or platelets  $< 100 \times 10^9/L$ )
- Leukemia ( $> 5.0 \times 10^9/L$  malignant cells)

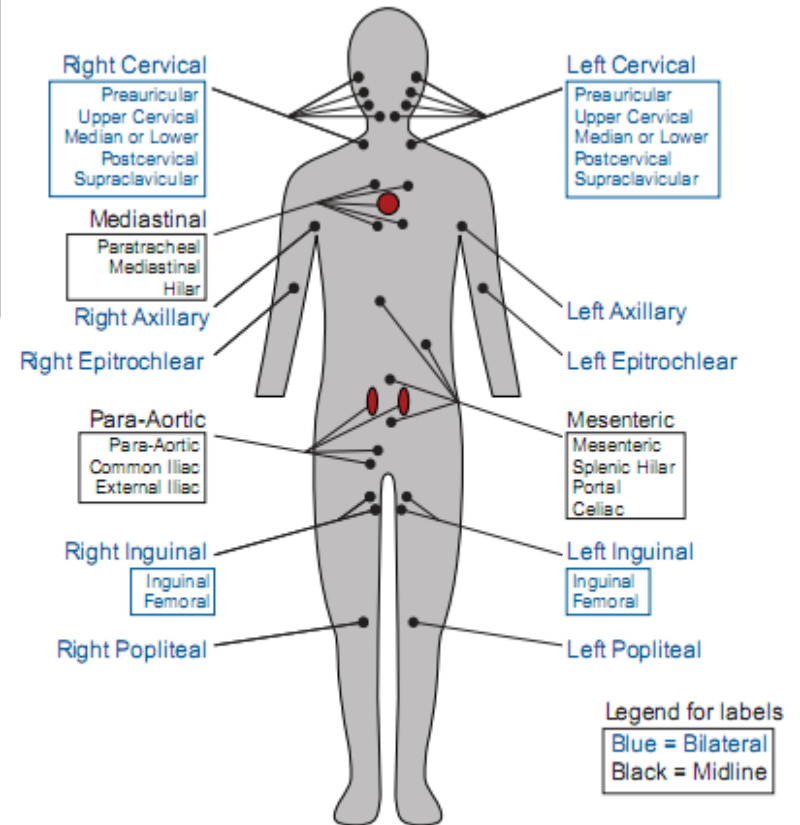
## FLIPI - 1 CRITERIA

Age	$\geq 60$ y
Ann Arbor stage	III-IV
Hemoglobin level	$< 12$ g/dL
Serum LDH level	$> ULN$ (upper limit of normal)
Number of nodal sites <sup>d</sup>	$\geq 5$

### Risk group according to FLIPI chart

	Number of factors
Low	0-1
Intermediate	2
High	$\geq 3$

## Nodal Areas



Mannequin used for counting the number of involved areas.<sup>9</sup>

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# Follicular lymphoma (grade 1-2)

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## First line regimen :

1.R-CEOP	Rituximab 375MG/M2 IVA on D1	
	Cyclophosphamide 750MG/M2 IVA on D1 or D2	
	Epirubicin 75MG/M2 IVA on D1 or D2	
	Vincristine 2MG IVA on D1 or D2	
	Prednisone 5MG 10TAB BID po for 5days	Reference:NO2
2.R-COP	Rituximab 375MG/M2 IVA on D1	
	Cyclophosphamide 800MG/M2 IVA on D1 or D2	
	Vincristine 2MG IVA on D1 or D2	
	Prednisone 5MG 10TAB BID po for 5days	Reference:NO2
3. Rituximab 375MG/M2 IVA on D1 WEEKLY for 4 doses		Reference:NO3

# Follicular lymphoma (grade 1-2)

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## First line regimen for elderly or infirm :

- 1.Rituximab 375MG/M2 IVA on D1
- 2.Single-agent alkylators±Rituximab
- 3.Radioimmunotherapy

Reference:NO4

## First line consolidation or extended dosing ( optional ) :

- 1.Rituximab maintenance 375MG/M2 one dose every 3 months up to 2y for patients initially presenting with high tumor burden
- 2.Chemotherapy followed by radioimmunotherapy

Reference:NO5

# Follicular lymphoma (grade 1-2)

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## Second line and subsequent therapy :

1. Bendamustine 50~150MG/M2 +Rituximab 375MG/M2
2. FCMR ( Fludarabine 25MG/M2 D1-3, Cyclophosphamide 200MG/M2 D1-3, Mitoxantrone 8MG/M2 D1, Rituximab 375MG/M2 )
3. Fludarabine + Rituximab
4. Rituximab
5. RFND ( Rituximab, Fludarabine, Mitoxantrone, Dexamethasone 20MG/M2 )
6. Radioimmunotherapy

Reference: NO6 、 NO7 、 NO8 、 NO9

## Second line consolidation or extended dosing :

1. High dose therapy with autologous stem cell rescue
2. Allogeneic stem cell transplant for highly selected patients
3. Rituximab maintenance 375MG/M2 one dose every 3 months up to 2 years (optional)

Reference: NO10

# Follicular lymphoma (grade 1-2)

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# Follicular lymphoma (grade 1-2)

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