

高雄榮民總醫院 上尿路泌尿上皮癌 診療原則

2021年02月23日第一版

泌尿道癌症醫療團隊擬訂

注意事項：這個診療原則主要作為醫師和其他保健專家診療癌症病人參考之用。假如你是一個癌症病人，直接引用這個診療原則並不恰當，只有你的醫師才能決定給你最恰當的治療。

會議討論

上次會議：2020/02/18

本共識與上一版的差異

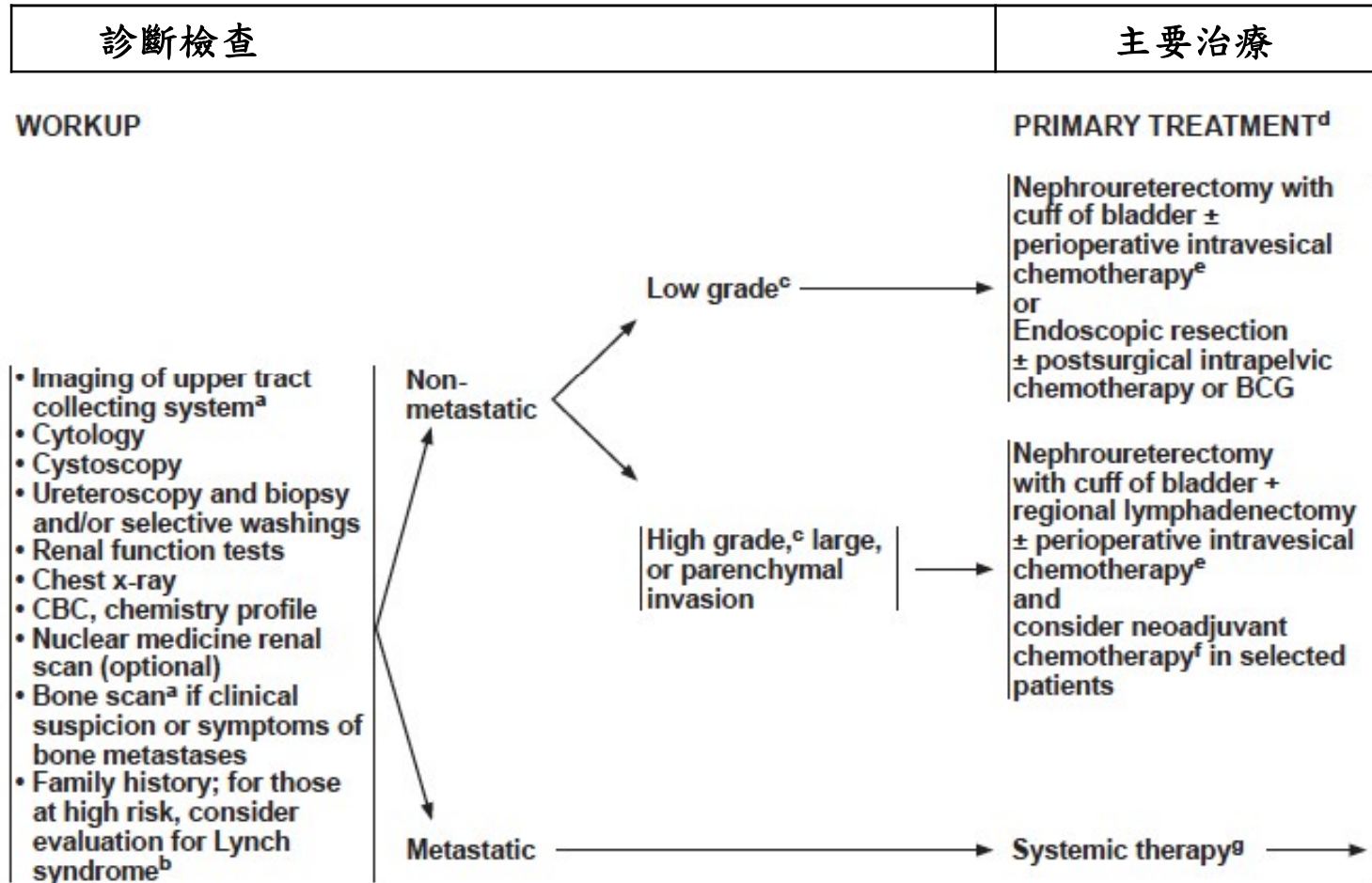
上一版	新版
	審視

上尿路泌尿上皮癌

高雄榮民總醫院

臨床診療指引

2021年第一版



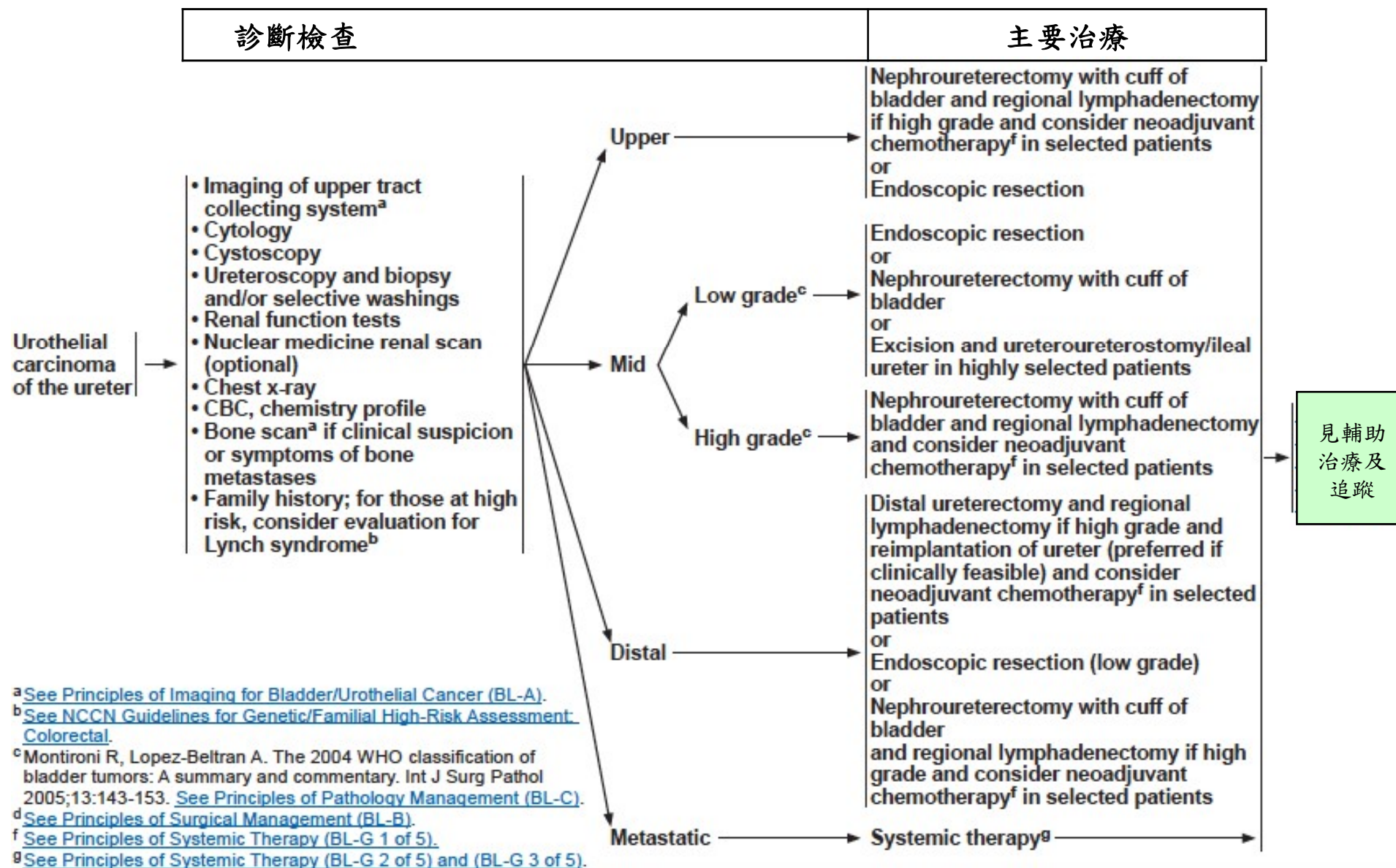
必要項目：Urine cytology、cystoscopy/uteroscopy、CXR、image

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病理分期	輔助治療	追蹤
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Adjuvant treatment for
renal pelvis
and
urothelial carcinoma
of the ureter

pT0, pT1

None

- Cystoscopy every 3 months for 1 year, then at longer intervals
- If endoscopic resection, imaging of upper tract collecting system^a or ureteroscopy at 3- to 12-month intervals ± abdominal/pelvic CT or MRI with and without contrast

pT2, pT3,
pT4, pN+

Consider adjuvant
chemotherapy^{f,i}

- Cystoscopy every 3 months for 1 year, then at longer intervals
- If endoscopic resection, imaging of upper tract collecting system^a or ureteroscopy at 3- to 12-month intervals + abdominal/pelvic CT or MRI with and without contrast + chest imaging

Principles of Surgical Management

Endoscopic Management of Upper Tract Urothelial Cancer (UTUC)

- **Favorable** clinical and pathologic criteria for nephron preservation:
 - **Low-grade tumor based on cytology and biopsy**
 - **Papillary architecture**
 - **Tumor size <1.5 cm**
 - **Unifocal tumor**
 - **Cross-sectional imaging showing no concern for invasive disease**
- For favorable tumors - ureteroscopic and percutaneous management provide similar survival outcomes compared to nephroureterectomy
- Less favorable clinical and pathologic criteria for nephron preservation:
 - Multifocal tumors
 - Flat or sessile tumor architecture
 - Tumor size >1.5 cm
 - High-grade tumors
 - cT2-T4 tumors
 - Mid and proximal ureteral tumor due to technical challenges
 - Tumor crossing infundibulum or ureteropelvic junction

Principles of Surgical Management

- Imperative indications for conservative therapy of UTUC
 - Bilateral renal pelvis and/or urothelial carcinoma of the ureter
 - Solitary or solitary functioning kidney
 - Chronic kidney disease/renal insufficiency
 - Hereditary predisposition (eg, hereditary nonpolyposis colon cancer [HNPCC])
- Percutaneous or ureteroscopic surgical procedures
 - Tumor fulguration/cautery
 - Tumor resection incorporating electrical energy, baskets, or cold cup devices with fulguration of the tumor bed
 - Laser therapies (Nd:YAG – penetration 4–6 mm; Ho:YAG – shallow penetration <0.5 mm)
- Extirpative surgical procedures
 - Segmental ureterectomy ± ureteral reimplantation for distal ureteral tumors
 - Complete ureterectomy with ileal ureter replacement (proximal/mid ureteral tumors)

Principles of Surgical Management

Regional Lymphadenectomy

- Recommended for patients with high-grade upper GU tract tumors.
- Left-sided renal pelvic, upper ureteral, and midureteral tumors:
 - Regional lymphadenectomy should include at a minimum the paraaortic lymph nodes from the renal hilum to the aortic bifurcation.
 - Most midureteral tumors will also include the common iliac, external iliac, obturator, and hypogastric lymph nodes.
- Right-sided renal pelvic, upper ureteral, and midureteral tumors:
 - Regional lymphadenectomy should include at a minimum the paracaval lymph nodes from the renal hilum to the aortic bifurcation.
 - Most midureteral tumors will also include the common iliac, external iliac, obturator, and hypogastric lymph nodes.
- Distal ureteral tumors:
 - Regional lymphadenectomy should be performed and include at a minimum the common iliac, external iliac, obturator, and hypogastric lymph nodes.

Principles of Surgical Management

- Topical immunotherapy and chemotherapy management
 - BCG, mitomycin
 - Route of administration might include percutaneous antegrade (preferred) or retrograde ureteral catheters
 - Induction and maintenance therapy regimens, similar to intravesical therapy, can be used
- Patients with renal pelvis and urothelial carcinoma of the ureter managed with nephron-preserving procedures and adjunctive therapies require long-term surveillance, including cross-sectional urography or endoscopic visualization. Treatment can be associated with patient anxiety, tumor seeding, and the need for multiple procedures and ultimate nephroureterectomy with bladder cuff. Clinical/pathologic understaging is problematic. Recurrence or tumor persistence might be life-threatening due to disease progression.

Principles of Intravesical Treatment

Postsurgical Intrapelvic Therapy for Upper Tract Tumors

- Consider for patients with non-metastatic, low-grade tumors of the renal pelvis.
- Induction (adjuvant) therapy should be initiated 3–4 weeks after endoscopic resection.
- The most commonly used agents are BCG, mitomycin C, and gemcitabine.
- Role of maintenance in this context is uncertain.
- Efficacy of this treatment in upper urinary tract cancer has not been established.

Principles of Systemic Therapy

- Neoadjuvant chemotherapy may be considered for select patients with UTUC, particularly for higher stage and/or grade tumors, as renal function will decline after nephroureterectomy and may preclude adjuvant therapy.
- Carboplatin should not be substituted for cisplatin in the perioperative setting. For patients with borderline renal function or minimal dysfunction, a split-dose administration of cisplatin may be considered (such as 35 mg/m² on days 1 and 2 or days 1 and 8) (category 2B). While safer, the relative efficacy of the cisplatin-containing combination administered with such modifications remains undefined.
- For patients with borderline renal function, estimate GFR to assess eligibility for cisplatin.

處方請參考膀胱癌

修訂指引

- 化療處方參考膀胱癌指引。
- 本共識依下列參考資料修改版本
 - ✦ NCCN Clinical Practical Guidelines in Oncology TM Upper GU Tract Tumors (V3.2019)
 - ✦ EAU Guidelines on Upper Urinary Tract Urothelial Carcinoma, 2016