

Guidelines Of Using A Vaginal Supp

陰道塞劑使用時應注意事項

1. Insert only one tablet a day, right before bedtime. This prevents the medicine from leaking away after it melts.
2. Wash and dry your hands before inserting the vaginal supp.
3. When inserting, squat, or lie down with your legs bent. This makes inserting the vaginal supp easier.
4. Push the vaginal supp into vagina to a depth equivalent to the length of your pointing finger.
5. You may damp the vaginal supp with *cool drinking water* before inserting it.
6. You need to continuously apply the vaginal supp for as long as the doctor instructs.
7. The medicine will melt, so it is not necessary to take it out.
8. Stop applying the vaginal supp during menstrual period.
9. Wear pants/skirts that allow for high ventilation and underpants that are made of cotton.
10. Use only gentle and mild soap or gel when cleansing vulva.
11. Avoid touching your vulva with dirty toilet paper.
12. After applying the vaginal supp, it is recommended that you receive cervix pap smear examination regularly.

I have been informed the Guidelines Of Using A Vaginal Supp of vocal Cords node and fully understood it.

Signed _____ Date _____



高雄市立聯合醫院
Kaohsiung Municipal United Hospital

P8800239 96.7.10 本(100張/本)14.8x21cm