

# Instructions on Umbilical Cord Nursing (graphic instructions)

## 臍帶護理衛教指導(圖片說明) (英文)

Clean and disinfect umbilical cord to avoid infection

### ◆Method:

1. Observe for discharge, odor and bleeding.
2. Disinfect the root of umbilical cord with cotton stick soaked in 75% alcohol.
3. Soak the cotton stick in 75% alcohol to disinfect from the middle and wipe outward.

### ◆Note:

1. When to clean umbilical cord: Perform nursing after bath, when soiled following toilet use or become wet.
2. When discharge, odors or redness on surrounding skin is seen at umbilical cord, please seek medical attention.
3. Continue umbilical cord nursing until it is dried and falls off.



[Note]

Expose the belly button and disinfect with cotton swab soaked in 75% alcohol



[Note]

Disinfect the root of umbilical cord with cotton swab soaked in 75% alcohol



[Note]

Disinfect umbilical ring and surrounding with an outward motion using cotton swab soaked in 75% alcohol

If you understand Instructions on Umbilical Cord Nursing (graphic instructions), please sign here

Signature of patient or family

Date \_\_\_\_\_