

# Catheter Application Guide for Caregivers

(導尿管護理 英文)

## ◆Goal

1. To appropriately use catheter to reduce infections
2. To keep the urinal tube unobstructed
3. To increase patient's comfort

## ◆Method

1. Wash hands before application
2. Sterilize the insertion site of the tube from the inside and out with cotton dampened with alcohol.
3. Repeat the previous step again with normal saline.
4. Use dry cotton to wipe out the remained liquids.
5. After sterilization, fix the new catheter with tape: fix it under the abdominal area of male patients; for female patients, fix it in between the legs.
6. Replace the sanitary pad.
7. Wash hands after application.

## ◆Notice:

1. Keep the insertion site and the vagina clean and dry.
2. Check if any deposits in the urine
3. Verify if the urine drainage bag is expired.
4. Empty the drainage bag immediately if the urine exceeds 700cc. Avoid affections of the drain spout while emptying the bag; close the spout immediately when the bag is empty.
5. Please keep the drainage bag under the bladder area and do not let it touch the ground.  
(The above actions should be done on the bed after giving a sponge bath)
6. Do not twist or press the drainage tube to avoid obstruction; do not pull it to prevent from bleeding.
7. Promptly see a doctor for help if find any below Urinary tract infection symptoms:
  - (1)Fever, cold
  - (2)Pain in urinary tract
  - (3)Urine of usual color
  - (4)Increase of secretions at the urethral orifice.

Please sign if you have understood  
the above information about Catheter  
Application Guide for Caregivers.

(Patient or family's signature) (date)



高雄市立聯合醫院

Kaohsiung Municipal United Hospital

P8800147 97.12.2000 張 21x29.7cm